# DISMANTLING THE VIRUS THEORY

# The "measles virus" as an example

Why should we doubt the existence of viruses? What are viruses and what are they not? How are viruses being scientifically demonstrated to exist?

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and ideas. This basic rule of scientific research helps the assumptions about viruses. avoid erroneous developments and reveals the ones can and must be conducted by anyone who has the meant to be useful. necessary knowledge and the appropriate methods.

are verifiable, reproducible and if they allow predic- ground knowledge reading scientific papers about tions. Science also needs external control, because, pathogenic viruses can realize that such viruses do as we will see, a part of the medical sciences has lost not exist and what is being described are only typical touch with reality for quite some time. Anyone who components and characteristics of cells. This back-

Scientists must question everything and especially the development and functions of the tissue, of the what they love the most, i.e. their own discoveries body and of the brain, will automatically question

that already exist. Also, we must all be allowed to In the reality of the body and of its mechanisms, question the status quo, otherwise we would live in a there is no place for hypothetical malignant prodictatorship. Moreover, science cannot be limited to a cesses. All biological processes, including those that selected number of institutions and experts. Science can end in suffering, pain and death, are originally

A different approach to the virus phenomenon is Science can be considered science only if its claims possible and necessary: any layman with some backhas knowledge of biology and the genesis of life, of ground knowledge will be provided in this article.

### The origins of the idea

The present notion of a virus is based on the ancient ideas that all diseases were caused by poisons ("tox- In 1858, Rudof Virchow, the founder of modern mediof that poison. However, in reality there are no anvelop from pathogenic poisons (in Latin: virus).

tidotes, instead the body produces enzymes, which neutralize and eliminate the poisons (alcohol).

ins") and that people would regain their health by cine, plagiarized the findings of other scientists, supproducing "antitoxins" as an "antidote". Indeed, a pressed their essential discoveries and thus a false few diseases are caused by poisons. The subsequent view on the cause of diseases was born and imposed idea, that the body can restore its health by produc- as a dogma, which is in fact still in effect to date. Acing or being given "antidotes", was born when it cording to this dogma, all diseases supposedly origwas observed that people survived bigger amounts inate inside the cells1 Virchow's cellular pathology of poison (such as alcohol) when their body was re-introduced into medicine the ancient and refuted trained by consuming slowly increasing amounts the humoral doctrine and claimed that diseases dethe pathogenic poisons. This supposition, called case, for several different reasons. "the germ theory", was immediately accepted and This theory is so successful that the majority of niques in biology, it was discovered that there are amount as to make them dangerous.

tory observed that the weak, highly inbred bacte- structures. ria perished very quickly while turning into much the viruses were thereby replicating.

that they do not have time to form spores.

The introduction of the electron microscopy led to the "bacterial viruses". the discovery of the structures resulting from the transformation of bacteria when these were sud- It is important to note that the theories of fight denly dying or when the metabolism of the highly and infection were accepted and highly praised by inbred germs was overwhelmed by processes trig- a majority of the specialists only if and when the gered by the adding of "phages". It was also dis- countries or regions where they lived were also covered that there are hundreds of types of differ- suffering from war and adversity. In times of peace, ent-looking "phages". The discovery of phages, the other concepts dominated the world of science.2

The search for these pathogenic poisons remains assumption and the belief that there were human to date fruitless, however, when bacteria were dis- and animal viruses that looked the same and had covered, it was assumed that they were producing the same structure. This is not and cannot be the

remains very successful up to the present time. After introducing chemical examination techthe people are still not aware of the fact that the thousands of types of phages and that phages of so-called bacterial toxins are actually normal en- one type always have the same structure. They conzymes, which either cannot appear in a human sist of a particular molecule, made of nucleic acid, being, or, if they do, they never appear in such an which is covered in a shell of proteins of a given number and composition. It was only later discovered that merely the bacteria which had been high-Then it was discovered that, when they slowly be- ly inbred in the test tube could turn into phages gin to die, bacteria create tiny, apparently lifeless themselves, by contact with phages, but this never forms of survival, the so-called spores. It was then applied to natural bacteria or bacteria which had suspected that these spores were toxic and that just been isolated from their natural environment. they were the so-called pathogenic poisons. This In this process, it was discovered that these "bacwas then refuted, since the spores are rapidly de- terial viruses" actually serve to provide other bacveloping into bacteria when their vital resources teria with important molecules and proteins, and are being restored. When scientists in the labora- that the bacteria themselves emerged from such

smaller structures than the spores, it was first be- Before it could be established that the "bacterilieved that the bacteria were being killed by the al- al viruses" cannot kill natural bacteria, but they leged pathogenic poisons, called viruses, and that are instead helping them to live and that bacteria themselves emerge from such structures, these "phages" were already used as models for the al-Due to the belief that these -at the time of their leged human and animal viruses. It was assumed discovery still invisible- structures were killing the that the human and animal viruses looked like the bacteria, they were called phages/bacteriophages, "phages", were allegedly killing cells and thereby "eaters of bacteria". Only later it was determined causing diseases, while at the same time producing that merely highly inbred and therefore almost new disease poisons and in this way transmitting non-viable bacteria can be made to turn into phag- the diseases. To date, many new or apparently new es, or bacteria which are being destroyed so fast diseases have been attributed to viruses if their origin is unknown or not acknowledged. This reflex found an apparent confirmation in the discovery of

so-called bacterial "viruses", reinforced the wrong It is very important to note that the theory of



tion, were removed from their positions.3

### On the detection of phages

forming phages.

is concentrated and applied on another liquid, ology student in his first semesters. which has a high concentration at the bottom of gradient centrifugation.

The layer where many particles of the same density gather becomes "cloudy", which is called a About the alleged proof "band". This step is being documented, then the of pathogenic viruses particles concentrated, purified and sedimented es will also be established with the help of this seems to have realised this.

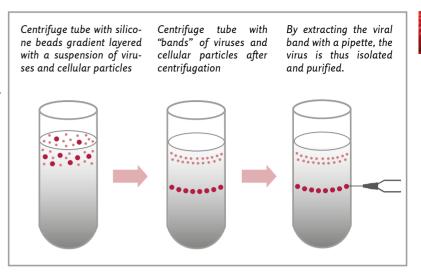
infection - starting from Germany - has only been micrograph. The control experiment performed globalized through the third Reich, when the lew- for this step consists in treating and centrifuging ish researchers, most of which had opposed and the liquid from bacteria which did not form any refuted the politically exploited theories of infec-phages, where no phages appear at the end of the procedure.

After the step of successfully isolating the phages. the decisive biochemical characterization of the phages follows. The biochemical characterization The existence of phages can be proved rapidly. of their composition is essential for identifying First step: their presence is confirmed through the specific type of phage, since different types an effect, namely the transformation of bacteria of phages often appear to be similar. The isolate into phages, and also through an electron micro- obtained through the density gradient centrifgraph of those phages. The control experiments ugation is now divided in two parts. One part is show that phages do not appear if bacteria do not used to determine the size, type and composition change or if bacteria randomly start decompos- of the nucleic acid; in a separate procedure, the ing due to extrinsic sudden annihilation, without other part is used to determine the amount, size and morphology of the proteins of the phages. Since the 1970s, these tests have been simple Second step: the liquid containing the phages standard techniques that are learned by every bi-

the test tube and a low concentration at the top These tests represent the biochemical characterof the test tube. The test tube with the phag- ization of the phages. In almost every case, these es is then powerfully spun (centrifuged) and all results have been and are being published in only the particles gather according to their mass and one publication, since a phage has a very simple weight to the place of their own density. The den- structure which is very easy to analyse. The consity is the ratio of weight (mass) per unit of vol-trol experiments for these tests use liquid from ume, expressed as Kg/I or g/mg, respectively. That bacteria which do not form phages and thus canis why this concentration and purification step for not present any biochemical proof. The existence particles with the same density is called density of approximately two thousand different types of phages was scientifically demonstrated this way.

in a "band" are removed with a syringe needle. The "bacteriophages", correctly defined as in-The extracted concentrated amount of particles complete mini spores and building blocks of the is called an isolate. A fast and simple electron bacteria, have been scientifically isolated, while micrograph will confirm the presence of phages the supposed pathogenic viruses have never been in the isolate, which at the same time is an indi- observed in humans or animals or in their body cation for the purity of the isolate, if the micro- fluids and have never been isolated and subsegraph shows no other particles but the phages. quently biochemically analysed. To date, none The appearance and the diameter of the phag- of the researchers involved in this kind of work The density aradient centrifugation is the scientifically required standard technique for the demonstration of the existence of a virus.

Despite the fact that this method is described in all microbiology manuals as the "virus isolation technique", it is never applied in experiments meant to demonstrate the existence of pathogenic viruses.



The use of the electron microscope and the bio- chemical weapons there were also biological weapchemistry were very slowly returning to normal af- ons in the form of bacteria and viruses. ter 1945 and no one had realised that not one path- In 1949, Enders announced that he had managed ogenic virus had ever been isolated in humans to cultivate and grow the alleged polio virus in or animals; thus, as of 1949 researchers started vitro on various tissues. The American expert applying the same idea used for the (bacterio) opinion believed everything immediately. What phages, in order to replicate the human and ani- Enders did was to add fluids from patients with mal "viruses". John Franklin Enders, born in 1897 poliomyelitis to tissue cultures which he claimed in the family of a rich financier, was active in var- to have had sterilized, then he alleged that the ious fraternities after having finished his studies, cells were dying because of the virus, that the vithen he worked as a real estate agent and studied rus was replicating in this way and that a vaccine foreign languages for four years before turning to could be harvested from the respective culture. At bacterial virology, which fascinated him.

He then simply transferred the ideas and concepts and they were believed to be caused by polio vithat he learned in this area of research to the sup- ruses. A vaccine was to help eradicate the alleged posed pathogenic viruses in humans. With his un-virus. After the polio vaccine was introduced, the scientific experiments and interpretations that he symptoms were then re-diagnosed among other had never confirmed through negative controls, things as multiple sclerosis, flaccid acute paral-Enders brought the entire "viral" infectious med- ysis, aseptic meningitis etc. and later polio was icine to a dead end. It is important to note at this claimed to have been eradicated. point that Enders, like many infectious diseases specialists, worked for the U.S. military, which had During his experiments, Enders et al. sterilised the always been and remains to date a huge victim of tissue cultures in order to exclude the possibility of the fear of contagion. It was mainly the U.S. mili- bacteria killing the cells. What he didn't take into tary which spread its erroneous belief that besides consideration was that the sterilisation and the

that time, summer polio epidemics (polio = flaccid paralysis) were very frequent during summer



treatment of the cell culture when preparing it for tically ideal way the various steps of the chain of the alleged infection was exactly what was killing misinterpretations up to the belief in the existthe cells. Instead, he interpreted the cytopathic ence of a measles virus. effects as the existence and the action of polio viruses, without ever having isolated a single vi- The first paper was published in 1954 by Enders et rus and described its biochemistry. The necessary al.: "Propagation in tissue cultures of cytopathonegative control experiments, which would have genic agents from patients with measles" (Proc Soc shown that the sterilisation and the treatment of Exp Biol Med. 1954 Jun; 86 (2): 277-286). This pubthe cells prior to the "infection" in the test tube lication can be found on the internet, like all the was killing the cells, have never been performed. other publications presented at the measles trial. However, for this "performance" Enders received the Nobel prize in 1954.

introduced the same technique in order to alleg- before introducing the allegedly infected fluid. edly replicate the measles virus. As he had been The subsequent dying of the cells was then misawarded the Nobel prize for the alleged polio interpreted as presence and also isolation of the virus the same year, all researchers believed his measles virus. No control experiments were pertechnique to be scientifically valid. Thus, to date, formed to exclude the possibility that it was the the entire concept of measles has been based deprivation of nutrients as well as the antibiotics upon this technique. Thus, the measles vaccines which led to the cytopathic effects. Enders' and do not contain viruses, but particles of dead mon- his colleagues' blindness can be explained by the key kidney tissue or human cancer cells.

To date, no negative control experiments have during the cold war. It can also be explained by been done with respect to the so-called measles the fact that Enders and many of his colleagues virus either, which would have shown that it is had no idea about medicine and they were comthe laboratory procedures that lead to the cyto- peting with the Soviet Union for the development pathic effects on the cells. Additionally, all claims of the first measles vaccine. and experiments made by Enders et al. and the subsequent researchers lead to the only objective Such a pressure for success can also explain why conclusion that in fact they were observing and Enders and his colleagues ignored their own reseranalyzing dying cellular particles and the activity vations and cautions expressed in 1954, when they thereof in the test tube, misinterpreting these as had observed and noted that many cells also died particles and characteristics of the alleged mea- after being treated normally (i.e. without being "insles virus.

### The measles virus as an example

called (human or animal) "pathogenic viruses".

course of the "measles trial" as proof for the ex- This rebuttal is not only NOT being discussed by

In that experiment, Enders et al. cut down dramatically on the nutrient solution and added 1954 is also the year in which Enders applied and cell-destroying antibiotics to the cell culture fact that he truly wanted to help people, while the virus hysteria was intensifying after the war and

> fected"), which they thought to have been caused by unknown viruses and factors. All these facts and cautions were subsequently disregarded.

The second paper presented by the claimant in The following explanations apply to all the so- the measles trial was published in 19594 and, for the reasons presented above, the authors concluded that the technique introduced by Enders The six papers provided by Dr Bardens in the was not appropriate for the isolation of a virus. istence of the measles virus describe in a didac- all the other researchers, but it is being ignored.

In the third paper, the authors photographed typ- publications on the "measles virus" and other ical cellular particles inside the cells and misinter- pathogenic viruses, no control experiments were preted these as measles virus. They did not isolate ever performed. No researchers used the density any virus. For unexplained reasons, they failed to gradient centrifugation technique; instead, they determine and describe the biochemical structure only centrifuged cellular debris at the bottom of of what they were presenting as a virus in a sep- a test tube. This technique, used to collect all the arate experiment. In the short description of the particles from a fluid, is called pelletising. From methods used, one can read that the authors did a logical and scientific perspective, it can be said not apply the standard isolation technique for vi- that in all publications on so-called "pathogenic ruses, i.e. the density gradient centrifugation. They viruses", the researchers demonstrated in fact simply centrifuged fragments of dead cells at the only particles and characteristics of cells. bottom of a test tube and then, without describing their biochemical structure, they misinterpreted In our next issue of WissenschafftPlus, we will the cellular debris as viruses. From the way the ex- publish the scientific rebuttal of the claim that periments were performed, one can only conclude the measles virus exists, which applies to all sothat cellular particles were misinterpreted as virus- called pathogenic viruses. es. We find the same situation in the fourth6 and the sixth<sup>7</sup> publication put forward by the claimant We would also like to point out another article, in as proof of the existence of a measles virus.

pieces of cell-specific molecules, after which -fol- the graphics above). lowing a given model - they put all the pieces together on paper. However, this jigsaw puzzle We also recommend Prof Lüdtke's relevant review seen, neither in humans nor in a test tube.

expert stated that it described the gold standard, discovery and characterization of the phages and i.e. the entire virus genome. It is obvious that the after introducing the dogma that the nucleic acid expert did not read this paper, whose authors was the genome of all cells and viruses, the consenstated that the exact molecular composition and sus was born, according to which such viruses must functions of the measles virus genome will have exist in humans and animals as well. to be the object of further research, which is why they had to rely on other virus models in order to In 1992, the dogma stating that the nucleic acid achieve a consensus on the structure and func- is the genotype of all cells was retracted in the tions of the measles virus genome.

in all these publications, as well as in all other being promoted.

which we described the so-called giant viruses9. i.e. an enwrapped nucleic acid that can be found The fifth publication<sup>8</sup> is a review describing the everywhere in the sea and in basic organisms. consensus process as to which nucleic acid mole- Like all bacterial phages, not only they are harmcules from the dead cells would represent the so- less, but they have beneficial functions. They can called genome of the measles virus. The result is be also isolated by using the density gradient that dozens of researchers teams work with short centrifugation, which proves their existence (see

made of so many pieces was never scientifically (1999).10 He noted that at the early beginnings of viproven to exist as a whole and was never isolated rology, the majority of virologists always concluded from a virus, for a measles virus has never been that the structures they had mistaken for viruses turned out to be components of the cells and thus, they were only the result of the experiment and Referring to this publication, the court-appointed not the cause of the changes observed. After the

scientific community. In 2008, it was also retracted for a part of the German public community.11 The easiest thing for anyone to notice is that The dogma of pathogenic viruses, however, is still



The Australian Perth Group (led by Eleni Papadopulos-Eleopulos, Val Turner and John Papadimitriou)12 proved with scientific arguments that HIV has not been demonstrated to exist. It was Eleni Papadopulos-Eleopulos who as early as in 1992 encouraged and offered me scientific support to accept the reality about HIV, to study the facts and share the knowledge that there are no pathogenic viruses. I am very thankful to her and her team.

### **Ouellen:**

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- <sup>2</sup> Anticontagionism between 1821 and 1867. Aufsatz von Erwin H. Ackerknecht in der Zeitschrift Bulletin of the History of Medicine, Volume XXII, 9 Siehe WissenschafftPlus Nr. 1/2014. The Johns Hopkins Press, 1948.
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- 10 Zur Geschichte der frühen Virusforschung. Übersichtsarbeit von Prof. Karlheinz Lüdtke. Reprint 125 des MAX-PLANCK-INSTITUT FÜR WIS-SENSCHAFTSGESCHICHTE, 89 Seiten, 1999.
- 11 Erbgut in Auflösung. Die ZEIT vom 16.6.2008. Siehe zu diesem Thema die Beiträge in WissenschafftPlus seit 2003.





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