

The Health Coach

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CHEMTRAIL SYNDROME: A Global Pandemic Of Epic Proportions

Like

Geoengineering Produces Toxic Skies Everywhere *Chemtrails* Are Sprayed

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For those who have never heard of ***CHEMTRAILS***, please click on the link below for a quick primer.

CHEMTRAILS: A Planetary Catastrophe Created by Geoengineering

For those who are aware that they have been exposed to this planetary scourge, now is the time to understand the profound correlations between your day-to-day health status and the incidence/intensity of regular *chemtrailing* of the skies overhead. Here is an excellent internet-based resource which may answer many questions and concerns about *chemtrails*, their fallout, as well as the broader geo-engineering agenda.

Chemtrails Explained; HAARP Exposed; Geoengineering Expounded

The numerous anecdotal and clinical observations which follow are the product of various healthcare professionals and practitioners, homeowners and homemakers, businessmen and businesswomen, farmers and meteorologists, etc. Because *chemtrails* affect every resident on the planet, many have catalogued or journaled the most common adverse health effects, which they inevitably produce. As a result, the world now has a growing body of anecdotal evidence which clearly illustrates their profound and deleterious effects on human life.



When the skies are toxic, the air we breathe is toxic.

What is more important than clean air in maintaining wellness?



What follows is a fairly exhaustive list of symptoms associated with *chemtrail* spraying. Each symptom has been identified by various individuals who have clocked their occurrence with the onset of chemtrails being laid down

over their homes or businesses. This list has been organized in a descending order, with the most commonly experienced symptoms at the top.

- **Headache**
- **Brain fog**
- **Persistent cough, scratchy throat**
- **Congestion in chest and/or sinuses**
- **Fatigue**
- **Low energy**
- **Compromised immunity**
- **Disorientation**
- **Difficulty paying attention and concentrating**
- **Sinusitis**
- **Skin discomfort/irritation**
- **Joint pain**
- **Muscle pain**
- **Asthmatic (breathing difficulties)**
- **Dizziness**
- **Insomnia**
- **Disturbed sleep**
- **Memory loss**
- **Eye problems (blurred or fuzzy vision)**
- **Nausea**
- **Liver problems**
- **Gallbladder dysfunction**
- **Tinnitus (distant ringing in ears or high pitched sound after spraying)**
- **Neck pain**
- **Sore throat**
- **Allergy symptoms**
- **Hay fever out of season**
- **Flu-like symptoms**
- **Susceptibility to colds**
- **General weakness**
- **Anxiety**
- **Lightheaded or faint**
- **Depression**
- **Coughing up phlegm**
- **Sneezing**
- **Shortness of breath**
- **Vertigo**
- **Anger/Rage/Frustration issues**
- ***MORGELLONS disease***

Each of these symptoms is a normal occurrence in areas around the world where *chemtrails* have become a fact of life. Therefore, the first question one should ask themselves is the extent to which the "*Chemtrail Coverup*" is taking place right above them. The following essay may assist in that determination:

CHEMTRAILS: The Biggest Coverup of All Time



Chemtrails give new meaning to government coverups, don't they?

Chemtrail Syndrome is finally recognized in the alternative health realm

The previous list of common symptoms has been reported for years by many within the anti-**Chemtrail** community who have recognized patterns between *chemtrail* spraying and symptom manifestation. One point has been made with great emphasis in this regard:

The more *chemtrails* that appear overhead, the worse these symptoms are. Likewise, the longer the *chemtrails* persist, the longer these same symptoms are experienced.

When any number of *chemtrail* symptoms are experienced by an individual, it is now appropriate to explore the possibility that they are experiencing *Chemtrail syndrome*. There is not at this time a specific threshold or certain standard by which the syndrome is said to occur. The various *chemtrail* formulations are too numerous and often unknown to create a definitive set of chemical contaminations which must be present to constitute the syndrome. Therefore, until we have the full cooperation of the US Federal Government, we are forced into a speculative posture, based on a great volume of anecdotal evidence.

The very last medical condition on the preceding list — *Morgellons disease* — is not a symptom; rather, it is a full blown disease process that usually takes years to manifest in its most serious form. In fact, there are websites dedicated exclusively to the research and treatment of *Morgellons disease*. Some of them very specifically demonstrate how *chemtrails* appear to provide some of the primary chemical co-factors in the causation and subsequent development of this extremely unusual and inscrutable multi-infection syndrome.

Here is another list known as “The Big 4” which one website has featured for those who are at high risk for the following medical conditions:

(Per GlobalSkyWatch.com)

Symptoms Associated with Chemtrails

They are called “The Big 4”. They are the 4 most common serious illnesses associated with chemtrails:

- **Aneurysms** - Components of chemtrails are believed to block arteries and weaken arterial walls leading to aneurysms and eventually to deadly strokes.
- **Strokes** - Nano-particle aluminum builds up in capillaries causing blockages eventually leading to aneurysms and strokes.
- **Heart Attacks** - Barium dramatically lowers potassium in mammals leading to heart fibrillations and heart attacks. In fact, barium is used in animal testing to artificially induce heart attacks.
- **Cancer** - Most of the components of chemtrails suppress the immune system. When the immune system is suppressed for extended periods, cancer grows and thrives.

The Single Greatest Co-factor Is The Condition Of The BIOTERRAIN

Since virtually every inhabitant of Planet Earth is now exposed to *chemtrail* toxins and pollutants to some degree, it is important to point out that those with the cleanest bioterrain suffer the least from the aforementioned symptoms. Exactly what is [bioterrain](#)?

Without getting into a scientific explanation of bioterrain, suffice to say that the cleaner one’s body is, the less likely pathogenic micro-organisms will make a home in the GI tract or elsewhere. By clean we mean the blood, the lymph, the tissues and organs, etc. In other words, the fewer chemicals, toxins, pollutants, contaminants, poisons, insecticides, fungicides, herbicides, chemical fertilizers, heavy metals, food additives, food colorings, excipients, etc. that concentrate in our various organs and tissues, the less likely the bad bugs will take up residence.

However, the problem that has emerged is that the typical living environment is now permeated with more chemical, radioactive and electro- pollution than ever. The ever-increasing toxic burdens are now overwhelming the detoxification pathways of those folks who don’t maintain a healthy lifestyle. Therefore, it has become necessary for those with compromised immune systems, degraded GI tracts, congested livers/gallbladders, and other weakened organ systems to take deliberate remedial initiatives. These compensatory measures can range from performing regular gallbladder flushes and liver cleanses to kidney purges and colon cleanses.



Chemtrails Contribute Significantly To The Chemical Stewpot Of Planet Earth

Herein lies the real danger associated with the constant onslaught of *chemtrail* toxins and chemicals which fall to the Earth by way of rain and air movement. Depending on the regularity of *chemtrailing* in any given area, the various chemical cocktails which are dropped on the populations below will need to be detoxified. The human body is designed to process and rid itself of these chemicals, but only if the primary detox organs are functioning well.

The liver and GI tract, lymphatic system and skin are the most important in sustaining an efficient and thorough daily detoxification process. Should any of these function at a substandard level, imbalance will appear somewhere in the body. If allowed to fester over years, serious diseases like *Morgellons* or *Hypertoxicity syndrome* can develop. Which is why it is so essential to maintain a healthy lifestyle and wellness routine whenever possible.

Below is a list of some of the known chemicals found in a *chemtrails*. A **Chemtrail Cocktail** is one that contains the basic ingredients such as barium chloride, aluminum oxide, synthetic polymers, bio-nano particles, and ethylene dibromide. An independent analysis of *chemtrail* fallout has conclusively identified many of these toxic chemicals:

Aluminum Oxide Particles

Arsenic

Bacilli and Molds

Barium Salts

Barium Titanates

Cadmium

Calcium

Chromium

Desiccated Human Red Blood Cells
Ethylene Dibromide
Enterobacter Cloacal
Enterobacteriaceae
Human white Blood Cells-A (restrictor enzyme used in research labs to snip and combine DNA)
Lead
Mercury
Methyl Aluminum
Mold Spores
Mycoplasma
Nano-Aluminum-Coated Fiberglass
Nitrogen Trifluoride
Known as CHAFF)
Nickel
Polymer Fibers
Pseudomonas Aeruginosa
Pseudomonas Florescens
Radioactive Cesium
Radio Active Thorium
Selenium
Serratia Marcscens
Sharp Titanium Shards
Silver
Streptomyces
Stronthium
Sub-Micron Particles(Containing Live Biological Matter)
Unidentified Bacteria
Uranium
Yellow Fungal Mycotoxins
~ List provided by StopSprayingCalifornia.com

Of course, the most logical question about this unsavory list of noxious ingredients is: "Why are there so many known toxins included in the mix?"

More specifically, the preponderance of barium salt (barium chloride) and alumina (aluminum oxide), which are said to exist in the greatest concentration in *chemtrails*, is particularly alarming. Why? Because barium is well known to decrease and/or impair immune function. Aluminum oxide has its own set of problems, especially when inhaled in certain concentrations over prolonged periods of time. Aluminum, in any form, is not very easy for the body to detoxify, especially when it finds a home in the lungs.

**Here's an excellent video about chemtrail toxicities that appeared on a local news station in Louisiana. Rarely is such a candid news segment broadcast on the Mainstream Media.*

***Chemtrails* represent the quintessential pharmaceutical approach by the geo-engineers, as they feebly attempt to address the global warming challenge.**

Many of us in the alternative health and wholistic wellness movement intuitively know that it is always better to avoid pharmaceutical medications whenever possible. The very common and well known adverse side effects associated with medical drugs contribute to the breakdown of the bioterrain. Likewise, the massive dosing of the skies around the world with *chemtrail* chemicals also has its attendant side effects on every person who is exposed to them. Likewise, these same chemicals slowly degrade the living environments wherever *chemtrails* are sprayed.

What the *chemtrail* "pharmaceutical approach" really represents is the utter failure of many of the existing scientific paradigms and technological applications in use around the world today. That modern science feels compelled to lay down blankets of toxic chemicals around the globe 24/7 is a glaring testimony to its ignorance (*Chemtrails* are toxic.), arrogance (*Chemtrails* can't fix the problem.) and powerlessness (Let's do anything we can, even it makes the problem much worse.).

What's the point? The point is to dramatize just how much the geo-engineers are out of their league ... as well as out of control. The situation is quite similar to the physicians of the world who for decades over-prescribed antibiotics, only to create pervasive antibiotic resistance, which has given rise to the deadly MRSA's which are found virtually everywhere now. Overuse and over-exposure to antibiotics, which are contra-indicated for a viral infections, have now placed the health of many at great risk.

By way of analogy, the different geo-engineering techniques are having the same negative impacts on the environment. Because of the relentless spraying of the skies throughout the world, the planetary environment will,

too, hit a major breakpoint. **This form of gross over-compensation in the form of weather modification *chemtrailing* will not –can not — end well, so misguided and unsound are the scientific principles undergirding the whole enterprise.** Truly, there is now ***"A Global Pandemic Of Epic Proportions"*** in the making.

After all, just how long can the skies across the entire planet be subjected to such invasive procedures and chemical assaults. Eventually there will be a **HUGE** blowback. The toxic side effects to all life in the biosphere, the collateral damage to the planetary environment, and many other unintended consequences will simply overwhelm Mother Earth. Certainly, the radical and profound shifts in the climate patterns of the world stand as testimony to these eventualities. So do the many violent and unpredictable weather events which seems to jump off anywhere and everywhere these days.



Global Climate Change: Causing Worldwide Weather Apocalypse

When the weather goes berserk, human health will always suffer. You know the old adage that it's not the cold or the heat, the rain or the drought that causes the proliferation of illness throughout the community. It is usually the dramatic and precipitous changes in temperature, in precipitation, in pressure which really challenge the human body. The various internal monitors that keep the body functioning smoothly are thrown off by such meteorological surprises. Hence, we always see a spike in illness during the change of seasons. And, during a periods of frequent temperature fluctuations, nonstop precipitation, sporadic high winds, and other unseasonal weather events.

Chemtrailing the skies of the world has greatly contributed to this global weather dynamic by exacerbating already wacky weather occurring regionally. This, in turn, wreaks havoc on the human immune system making the body much more susceptible to the many infectious diseases that continue to proliferate during this new millennium. Likewise, the *chemtrail* fallout which incessantly falls on people and animals, homes and business, organic gardens and farm fields, lakes and rivers, forests and grasslands, etc., inevitably contributes to the total body burden that each individual must process.

This toxic load, as it is also known, must be properly metabolized so as not to accumulate in the adipose tissue, glands, circulatory system, brain, kidneys and other major organs. The quicker and more efficiently chemical toxins are sloughed off by the body's detoxification pathways, the less likely they will cause damage. Therefore, it is very easily understood that *chemtrails* have placed a tremendous burden on the planet, especially on the many national populations that are routinely sprayed with these atmospheric engineering chemicals.

Treatments and Remedies, Detox Therapies and Holistic Modalities

There is a whole host of different ways to address the toxic overload, which will often occur under continuously *chemtrail*-laden skies. Rather than outline the many different remedies and therapies, we have listed the most important links from TheHealthCoach1.com. Each of these coaching sessions concerns itself with an essential element(s) in the healing routine which ought to be considered when detoxing or tonifying the body. All of them revolve around the philosophy of rejuvenating the human body so that it can more efficiently detox and tonify, heal and rebalance itself.

[Chemtrails and Morgellons, fungus, polymer fibers, barium detoxification, disease and health](#)

[Kombucha Tea: A Panacea For Many Ills](#) (most powerful liver detoxifier on the market)

[Beet Borscht: An Extremely Effective Liver Cleanser](#) (the best liver food there is)

[Self Massage: A Powerful Detox and Healing Therapy](#) (especially the organs and tissues which are compromised)

[What's The Best Way To Cleanse The Lymphatic System?](#) (cleansing the lymph is a necessity)

[#1 Cause of Disease Transmission: Lack of Proper Hygiene](#) (should not be wearing *chemtrails*-coated shoes in the home; washing hands and face regularly is now an imperative)

[Hyper-Toxicity Syndrome: The Human Body Has Become Polluted](#) (an essential coaching session for everyone living on Planet Earth)

[Chronic Acidosis: A Precursor To Cancer](#) (contains the measures necessary to shift away from acidosis and toward a clean bioterrain)

[Morgellons: Plague of the 21st Century](#) (Much more to understand here; not only for *Morgellons* patients)

Multi-Infection Syndromes: Scourge Of The New Millennium (lots of advice for identifying and addressing the various syndromes, especially *Chemtrail syndrome*)

KEEP YOUR SHOES OUTSIDE

We now live in a *Chemtrail*-covered world to which few have properly adapted.

The foregoing health articles take up a variety of very serious health challenges and medical problems which did not exist a hundred years ago. Because of the awesome changes brought about by this “Age of Applied Science and Advanced Technology”, many have not recognized the very real need to wisely adapt, in order to preclude or resolve health problems. The new and unavoidable necessities regarding sustained wellness, brought about by sky *chemtrailing* alone, are both numerous and varied.

For this reason it is highly recommended that every individual perform an audit of their living space and determine the ways that *chemtrail* chemicals can be reduced in their living space. First identify the various vectors of chemical dissemination; then address each one that can be reasonably controlled. Especially for those who are immuno-suppressed, suffering from multi-infection syndromes and/or afflicted with chronic degenerative disease, this tack ought to be taken. You and your family will be much happier and healthier for doing so.

***Chemtrail* Rage — Much More Serious Than Road Rage**

There is one other major mental health issue which has emerged in the wake of indiscriminate, systematic, and wide-area *chemtrailing* of our skies. ***Chemtrail* rage**, as it is known, has been known to make the most peaceful resident red with anger. Truly, nothing makes the blood boil more quickly than seeing a beautiful blue sky turned gray with *chemtrail*-created cloud cover.

What we recommend to those who are prone to such uncontrollable emotional outbursts is that they set up a surface to air missile battery (Just kidding! (-;)). Actually, what we really recommend is that you consider doing your part in the global effort to ensure *chemtrail*-free skies everywhere. Here's a great example of an advocacy group that is doing its part to raise awareness and remedy the *chemtrail* situation.

Taking A Stand Against The Unrelenting Chemtrail Assault

Especially those who suffer with upper respiratory illness and diseases, will *chemtrails* pose an unwanted assault to their already compromised health. Individuals who have Lung cancer, Emphysema, Tuberculosis, Crest syndrome, COPD (Chronic obstructive pulmonary disease), Asthma, Chronic bronchitis, Allergic rhinitis, Hay fever, Seasonal allergies, Acute and/or Chronic sinusitis, and other conditions of the respiratory system will inevitably serve as the "canaries in the coal mine". When the skies have been *chemtrailed* at night while we sleep, as they often are, these folks will know before they even get out of bed in the morning.

What else can we do at this moment of time to constructively address the ongoing chemical assault taking place above us? The things we can control is where we ought to start. Fortifying our constitutional health, living a squeaky clean lifestyle, engaging in the relevant self-care therapies whenever appropriate, and maintaining a good mental/emotional state will only help. Making connections between our ill health and *chemtrail* activity will also help us in avoiding those situations which are avoidable (i.e. Don't run a marathon on a foggy morning after a night of obvious *chemtrailing* — low pressure systems are known for exacerbating all the symptoms associated with *Chemtrail syndrome*).

Conclusion:



No, it's not a very pleasant message. Nevertheless, it is one we all need to understand going forward. *Chemtrail syndrome* is a "New Age malady" which will have to be dealt with, by some more than others. Those of us who are now in the know can inform our family and friends, if and when appropriate.

Especially in the process of disease management will this knowledge come in very handy for the health professionals among us. When the correlations between chemtrailing and the various symptoms become so obvious that they cannot be denied, the medical establishment will be forced to acknowledge their existence. As well as their negative impacts on human health. That will be a step in the right direction for everyone.

May you enjoy great health,

The Health Coach

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[Morgellons Syndrome: A Programmed Matrix System | Morgellons Research Group](#)

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