

Aromatherapy Certification Online

Essential Oils for a Nuclear, Biological, or Chemical Attack

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Treatment for the Symptoms of Radiation Sickness from a Nuclear Incident

Tea Tree – has been found to be helpful in cancer patients undergoing radiation treatment. This oil can be used topically to minimize and protect the body from damage caused by radiation.

Cypress Oil – rebuilds the white blood cells damaged by exposure to radiation. Also good for bleeding gums.

Lavender – is to alleviate the pain and speed the healing from radiation burns.

Myrtle – Large doses of radiation will affect the thyroid. Potassium Iodide (KI) will block the iodine during the initial attack and the fourteen days of most radiation exposure. Myrtle will help to insure that the thyroid will be working the way it should be.

Vitamin C & E can also help to speed the recovery of the immune system from radiation damage.

Essential Oils for Biological Warfare

Since Biological warfare is waged on a daily basis, it can only serve to remind us to be more diligent when a more concentrated attack will be waged against us.

Cinnamon – It has been proven that 99.9% of viruses and bacteria can not live in the presence of cinnamon. So it makes a great antibacterial and antiviral weapon.

Clove Bud – Since the immune system is under attack by biological agents Clove Bud provides an excellent immunity builder as an antioxidant and doubles as an antibacterial and antimicrobial fighter.

Oregano – is a powerful antibiotic and has been proven to be more effective in neutralizing germs than some chemical antibiotics. It has been effective against germs like Staphylococcus aureas, Escherichia coli, Yersinia enterocolitica and Pseudomonas aeruginosa says Journal Food Protection, July 2001 edition.

Thyme – Effective against Anthrax and Tuberculosis.

Rosewood – Anti-infectious, antibacterial, and antiviral. Weber State University has demonstrated Rosewood inhibits gram positive and negative bacterial growth.

Lemon – Is known for its antiseptic properties, Essential Science Publishing says that: According to Jean Valnet, M.D. the vaporized essence of lemon can kill meningococcus bacteria in 15 minutes, typhoid bacilli in one hour, Staphylococcus aureus in two hours and Pneumococcus bacteria within three hours. Lemon also improves

microcirculation, promotes white blood cell formation, and improves immune function

Eucalyptus – Anti-infectious, antibacterial and antiviral.

Rosemary – Antiseptic, Antibacterial.

Chemical Essential Oils

Chemical warfare is broad term for nerve agents, blood agents and chemical agents. These three classes of chemical weapons effect the nervous system, blood, and blister the skin.

Spearmint – To calm the Nervous System, aide with Nerve Agents

Myrtle – Antispasmodic – helps to reduce spasming due to spasms caused by nerve agents

Nutmeg – supports the nervous system which Nerve Agents attack

German Chamomile – brings calming for nervous system, it is good for healing of the skin that might come from a blistering chemical agent, it is also a blood cleanser that may help with a blood agent.

Geranium – antispasmodic, stops bleeding, anti-infectious, antibacterial.

Sage Dalmatian – prevents and reduces scarring

Lavender – Burns, antiseptic. Lavender prevents the build up of excess sebum a skin oil which bacteria feeds on.

Marjoram – Anti-infectious, antibacterial, dilates blood vessels, regulates blood pressure, soothes muscles.

Melissa – Nervous System, blisters, antimicrobial

Cistus – Anti-Infectious, antiviral, antibacterial, powerful antihemorrhaging agent, wounds and cell regeneration, strengthens immune system.

Basil – Powerful antispasmodic, antiviral, anti-infectious, antibacterial

Myrrh – Anti-infectious, antiviral, soothes skin conditions and supports immune system.

Cypress – Circulation, pulmonary insufficiencies, bleeding gums

Tea Tree – Anti-infectious, antibacterial, antifungal, Burns

Vaccine Detox

Pine – Antidiabetic, cortisone-like, severe infections, hypertensive

Lemon – antiseptic, improves microcirculation, promotes leukocyte (white blood cell) formation, and improves lymphatic, immune function.

Rosemary – Cleansing and detoxing the body. Supports the liver and combats cirrhosis.

German Chamomile – Blood cleanser and helps increase liver function and supports the pancreas. Improves bile flow from the liver.

Geranium – Dilates bile ducts for liver detoxification.

Blue Tansy – helps to detoxify the body

Myrtle – helps break up mucus and stimulate the thyroid.