


Homeopathic Detoxification With CEASE Therapy

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Beverly (not her real name) was the child of chiropractors and a healthy twenty-year-old who was about to attend medical school. She was rarely ill as a child and had never been vaccinated. When she came to me, looking shaky and pale, something had changed. She had not slept for weeks, and although she had sought answers from multiple doctors, no one could diagnose anything wrong.

They tried all the usual tools of the trade to come up with a diagnosis—spinal taps to search for bizarre microbes lurking in her cerebrospinal fluid, blood work, urine analyses and more. They prescribed antibiotics, antifungals, steroids and antidepressants. Nothing worked. Beverly's persistent pain, stiff neck, sleeplessness, vomiting, anxiety and mouth sores continued unabated. One by one, the doctors sent her home with instructions to rest, always with a tone of voice suggesting that this was just due to stress or anxiety.

In their search for a cause, the doctors disregarded vaccination because of the assumption that vaccines are safe. They paid no attention to the fact that Beverly had just received a full set of vaccines—a prerequisite for medical school—all of them within a period of about two months: measles, mumps, rubella, pertussis, tetanus, diphtheria, hepatitis A, hepatitis B, meningitis and a flu shot for good measure. She had begun to decline almost immediately. When Beverly came to see me, this was clear etiology, and I set to work to analyze the case. I determined that Beverly was a candidate for CEASE therapy.

OVERVIEW OF CEASE THERAPY

CEASE stands for "Complete Elimination of Autistic Spectrum Expression"¹ and was devised by the late Tinus Smits, MD, a Dutch physician deeply touched by the suffering of children. Hundreds of

practitioners (homeopaths, naturopaths and medical doctors) throughout the world have successfully used his method after receiving training and becoming certified. (Note: CEASE therapy cannot be learned from a book, nor is it within the scope of this article to provide the necessary instruction. Those interested in pursuing this form of homeopathic therapy should seek out a certified and

experienced practitioner by visiting cease-therapy.com.)

CEASE therapy engages the vital force in such a way as to elicit organic healing on a very deep level. It primarily addresses obstacles to cure, but these may be of varying origin. Although many people associate CEASE therapy solely with the reversal of vaccine injury, it also can successfully remove obstacles to cure such as environmental poisonings, chronic allergies or damage caused by allopathic medications. CEASE therapy is not about treating symptoms alone, nor is it an overnight, quick fix. Time and patience are requirements. I have seen some cases move very quickly in a matter of weeks or months, while others take much longer to obtain the same progress.

COMPONENTS OF CEASE THERAPY

The CEASE method consists of three components that the practitioner must understand and use in relationship to each other in a balanced and dynamic way. The three components draw on orthomolecular therapy, isotherapy and a variety of other homeopathic modalities, including an approach developed by Dr. Smits called Inspiring Homeopathy (IH).

“Orthomolecular medicine” (a term coined by Linus Pauling in the late 1960s) describes “the restoration and maintenance of health through the administration of adequate amounts of substances that are normally present in the body.”² The orthomolecular therapy component of CEASE therapy recommends just a few high quality orthomolecular supplements. The practitioner dynamically adjusts the dosage up or down based on the individual’s response.

Within the context of CEASE therapy, isotherapy refers to the use of potentized homeopathic remedies made from the same toxic substances suspected of causing damage. In many cases this is a vaccine, but not in every case. Medications, anesthesia or environmental exposures all can result in continued toxicity and ill effects. The administration of isotherapeutic remedies supports the body’s natural ability to detoxify.

The third component of CEASE therapy primarily uses Inspiring Homeopathy. Dr. Smits devised IH after observing that “the therapeutic possibilities of homeopathy were used only to a very restricted extent” and perceiving the need “for a deepening of this marvelous medicine.”³ He postulated that individuals possess seven shared “universal layers” or archetypes focusing on self-confidence, self-love, incarnation to a human body, protection, victimization, duality and connection with one’s soul. IH remedies, which are made from nine animal, mineral and vegetable substances, can address imbalances in these universal layers. Given intermittently, the IH remedies result in much-needed support of individual evolution.

In addition to the IH remedies, the CEASE practitioner may also choose to use classical homeopathic remedies or other specialized classes of homeopathic remedies. These may include sarcodes⁴ (homeopathic remedies derived from healthy tissues or secretions) and bowel nosodes⁵ (remedies made from human intestinal flora). This component may shift and change over time as needed.

A DYNAMIC BALANCE

The art and science of applying CEASE therapy depends on careful observation of an individual's response and subsequent adjustment of the three components. CEASE is not about applying a rigid protocol but instead requires sensitivity, finesse and sharp clinical skills. Tinus Smits said, "The birth of a child is a miracle; keeping a child healthy is an art." It is this process—part miracle and part art—that imbues CEASE therapy with such success.

Initially, the CEASE practitioner takes an in-depth history, paying careful attention to when the symptoms began, along with every nuance of the child's emotional and physical constitution. Information about the parents is also important. What was the mental state of each parent during the time of conception? Were any drugs taken regularly, prior to or during pregnancy? What was the labor and delivery like? These questions and more comprise the initial case-taking session.

The practitioner then constructs a thorough timeline, identifying the chronological order of symptoms, complaints, behavioral changes and developmental milestones or delays. Next, the practitioner develops a plan, addressing what is being expressed in the case. In some cases, this may begin with an IH remedy or often with the simple addition of some orthomolecular supplements. At times, the need for an isopathic remedy comes across "loud and clear" and will provide the starting point. If a specific pharmaceutical is identified as a culprit, that particular drug can be obtained in a homeopathic dilution to be used isopathically to clear the obstacle that is preventing healing. At some point an IH remedy may be called for, or an increase or decrease of the orthomolecular supplements.

No two cases are alike. Along the way, practitioners may add or change a component—one at a time, slowly and carefully. The child is the guide. As each dose is given, careful evaluation determines where the child is in the process. Open communication between parent and practitioner as well as astute observation will guide the course of treatment forward.

BACK TO BEVERLY

In working with Beverly, I began by determining what should be cleared first. I learned that Beverly had received a combination tetanus-diphtheria-pertussis shot commonly administered to adults and decided on the tetanus vaccine. The vaccine also contained polysorbate 80, a surfactant that has the

ability to penetrate the blood-brain barrier. Due to this feature, polysorbate 80 delivers a fast track to the brain for any other chemicals in the vaccine. Additionally, the particular tetanus vaccine that Beverly received is grown on a medium containing a bovine (cow) extract.

Within one week of starting treatment, Beverly began to improve. Her sleep became more regular, she found that she could eat without vomiting and the blisters in her mouth began to heal. By week three of treatment, she was 80 percent improved. Her parents had no doubt that vaccines had been the cause of her illness.

CEASE WITH AN INFANT

Troy (not his actual name) was a preemie, born about two weeks early, weighing barely five pounds but alert and healthy. His parents were proud and relieved. An enthusiastic young nurse, committed to fulfilling her responsibilities, gave Troy a hepatitis B vaccine when he was less than twenty-four hours old. All seemed to progress well and Troy's parents took him home when he was chubby enough to be discharged. He was a good feeder, mom had an ample milk supply and he continued to thrive.

At two months, Troy was taken to the pediatrician, who gave him another round of vaccines: hepatitis B, polio, diphtheria-tetanus-acellular pertussis (DTaP) and rotavirus. Suddenly, something was different. Troy no longer made eye contact during feedings. He fussed and cried excessively for no apparent reason, clenching his hands into tight little fists all the time. In his mother's words, there was something about him that felt like "he was just not there."

Troy's mother waited until Troy's four-month well-baby checkup to bring him back to the doctor. She even thought she might be imagining things, but the doctor confirmed that something wasn't quite right and decided to "hold off" on the next round of shots. He also mentioned the word "autism," which terrified Troy's mom. She halted all vaccines at that time.

It was almost a year later when I met with Troy. Taking a careful case history, I determined that the hepatitis B vaccine needed to be cleared first. We started immediately, and after his first dose, Troy began to scream. His mom was amazed, saying, "This is how he sounded when he got his shots." He had a rough few hours of agitation and red-faced crying. We quickly introduced the correct orthomolecular supplements to ease the detoxing that was taking place. Troy settled down and sailed through the following doses of the clearing remedy. Within a few weeks, he was back to his old self, making good eye contact, giggling and responding to mom and siblings in an appropriate way. His fists unclenched and he was back to being sweet baby Troy. (Note: No child under the age of one year should undertake detox unless under the experienced and watchful eye of a certified CEASE

therapist, licensed physician or naturopath.)

PATIENCE AND PERSEVERANCE

CEASE therapy is not required in every case. For children on the autism spectrum, some respond beautifully to classical homeopathy and nutritional support. Parents who decide to pursue CEASE therapy should carefully do their research and locate a practitioner with whom they feel comfortable. Parents should not attempt to employ CEASE therapy on their own.

In the cases of Beverly and Troy, neither had any further symptoms and both continue to thrive. However, not every case is as straightforward nor as quickly responsive. Some cases are more challenging to understand from the beginning, and some are layered with many different offending agents that must be carefully unpeeled and balanced with supplemental support, IH and other homeopathic remedies and parental tenderness, patience and perseverance.

Although advertising would have us believe otherwise, health is not a destination where we arrive and remain, never to be sick again. Healing is a dynamic and lifelong process. A healthy child is the child who is adaptable—able to get sick and get better. As Tinus Smits reminded us, “Keeping a child healthy is an art.”

SIDEBAR

REAL IMMUNITY

The two-part *REAL IMMUNITY* documentary series presents interviews with doctors, researchers, scientists and parents. Part One, the feature-length *Quest for Real Immunity*, explores the fear surrounding fevers, germs and benign childhood illnesses; identifies the power of intuition; and takes a close look at the practices of leading-edge pediatricians who respect the needs of their patients. *Passage to Real Immunity*, the second film in the series, examines various ways to support natural immunity. Included are interviews with practitioners of gemmotherapy, chiropractic, Chinese medicine, naturopathy, homeopathy and functional medicine. This segment also explores the two-hundred-year-old method of homeoprophylaxis through interviews with families who use it, doctors from India (which recognizes homeoprophylaxis as a legal alternative to conventional vaccines) and homeopaths who have long understood the power of energetic medicine. Rich with imagery and punctuated by the passion of true thought leaders, *REAL IMMUNITY* opens the door to raise awareness about the deeper meaning of immunity as our birthright. Learn more and be part of the evolution of real immunity by visiting realimmunity.org.

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