



# New peer-reviewed publication

Open Access **Review**

## The Novelty of mRNA Viral Vaccines and Potential Harms: A Scoping Review

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(This article belongs to the Section **Public Health & Healthcare**)

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## Meta Points

- Barriers overcome
  - 'Irregularities' in publishing
- A new science
  - Setting research priorities
- Positive reception
  - Most viewed article from journal (MDPI J)

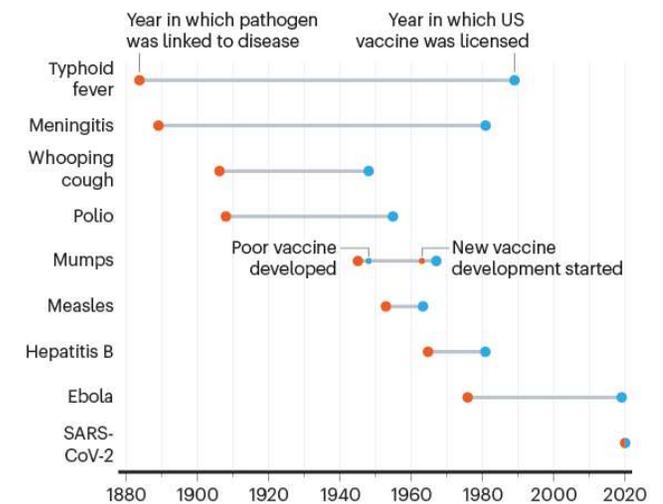


# Main points

- Limited and countervailing evidence before approval
- Unprecedented platform (mRNA)
- Unprecedented target (coronavirus)
- Unprecedented speed of development

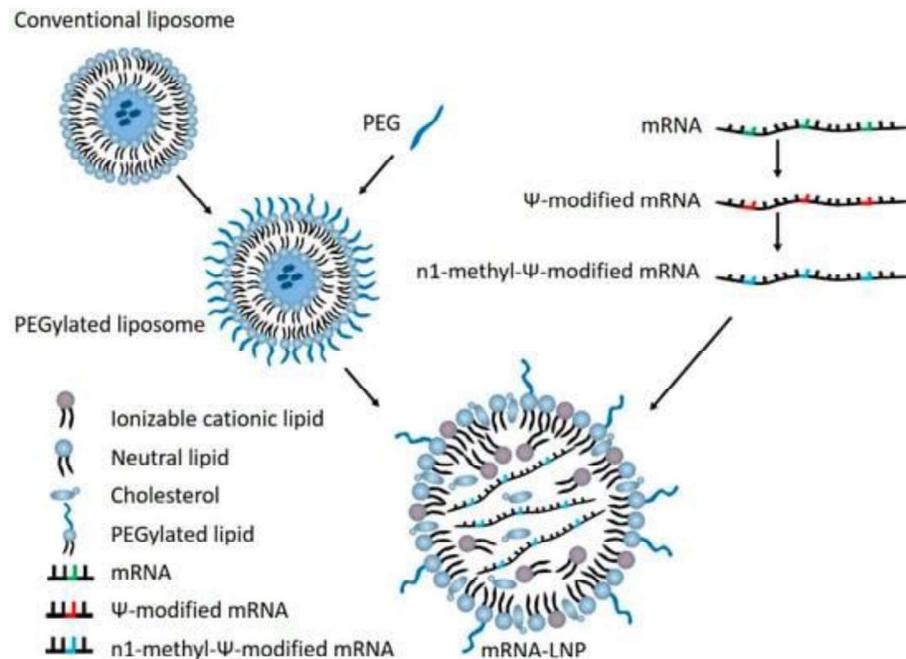
## VACCINE INNOVATION

Most vaccines take years to develop, but scientists created multiple vaccines for SARS-CoV-2 within a year.



Ball, P. The Lightning-Fast Quest for COVID Vaccines—  
And What It Means for Other Diseases. *Nature* **2020**, 589,  
16–18.

# Elements



Halma, M.T.J.; Rose, J.; Lawrie, T. The Novelty of mRNA Viral Vaccines and Potential Harms: A Scoping Review. *J* **2023**, *6*, 220-235.

# Individual elements and harms



- Lipid nanoparticle
  - Can be inflammatory by themselves
  - Moghimi, S.M.; Simberg, D. Pro-Inflammatory Concerns with Lipid Nanoparticles. *Molecular Therapy* **2022**, *30*, 2109–2110
- Poly-ethylene glycol
  - Allergen for some
  - Increases residence time of PEG in body ->inhibits breakdown
- Other elements: DSPC, SM-102
  - Only briefly cover DSPC
  - Limited safety data

# Individual elements (cont.)

- Chemical modification of mRNA
  - N1-methyl-pseudouridine



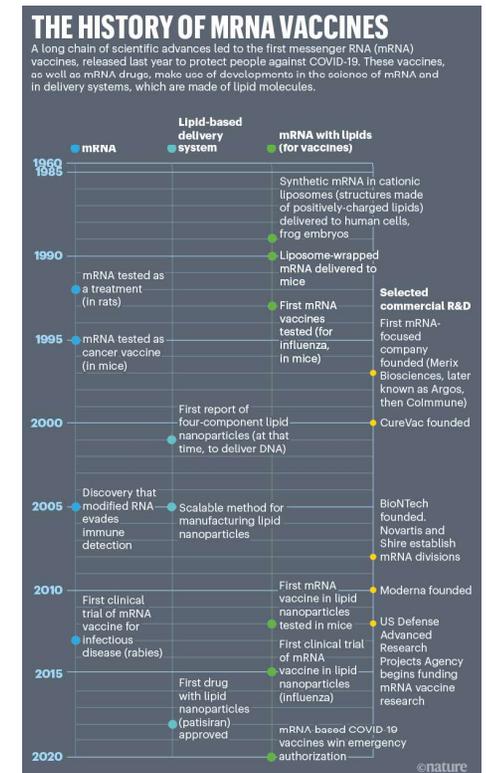
# Lipid Nanoparticles



- Developed as a delivery mechanism for RNA to avoid immune activation and degradation of RNA
  - Enables entry into cells
- PEGylation further evades body breakdown
- Some concerns over immunogenicity, inflammation

# History of Synthetic mRNA

- A bit of history
- Robert Malone in 1987 mixes RNA with lipids and expressed proteins in human cell lines
  - Issues: RNA quickly breaks down
- Katalin Kariko in 2005 uses modified RNA (pseudouridinylated) to evade host immune response
  - Much longer breakdown time
  - Differences ion protein translation



Nature 597, 318-324 (2021)

# History of Synthetic mRNA (cont.)



- N1-methyl-Pseudouridinylated RNA
  - Exists naturally in 18S rRNA (ribosomal RNA) in archaea
  - Some earlier characterization studies, only studied for biological effect from 2015 on
    - Andries, O.; Mc Cafferty, S.; De Smedt, S.C.; Weiss, R.; Sanders, N.N.; Kitada, T. N(1)-Methylpseudouridine-Incorporated MRNA Outperforms Pseudouridine-Incorporated MRNA by Providing Enhanced Protein Expression and Reduced Immunogenicity in Mammalian Cell Lines and Mice. *J Control Release* **2015**, *217*, 337–344,

# Clinical trials- mRNA

- Data on 285 study participants
- 14% Severe adverse event (SAE) rate (requiring medical attention)
- Comparison: Post marketing observation of SAEs after influenza vaccines is 0.16%
  - *Hum. Vaccines Immunother.* **2020**, *16*, 1762–1771.

LNP delivery of RNA expressing foreign antigen	Rabies	rabies virus glycoprotein	CureVac AG	CV7201	NCT02241137 (2013-2018)	[78/101, 76%] [10/101, 10%]	Bell's Palsy (1/101, 1%)	[3]
	Rabies	rabies virus glycoprotein	CureVac AG	CV7202	Phase I: NCT03713086 (2018-2021)	(9/10, 90%) [5/10, 50%]	Lack of appetite (9/10) Night sweats (2/10) Diarrhea (1/10) Tachycardia (1/10)	[4]
	Chikungunya virus	Chikungunya virus antigen	Moderna	VAL-181388 / mRNA-1388	Phase I: NCT03325075 (2017-2020)		No data available	
	Cytomegalovirus	Pennsylvanic complex and	Moderna	mRNA-1647	Phase I:		No data available	

		B glycoprotein			NCT0382405 (2017-2021) Phase 2: NCT04322380 (2020-2022*)			
	Measles, mumps and parainfluenza virus type 3 (MMVPV3)	MPV and PV3 F glycoprotein	Moderna	mRNA-1613	Phase 1: NCT03392389 (2017-2019)		No data available	
	Respiratory Syncytial Virus (RSV)	F glycoprotein	Moderna	mRNA-1545	Phase I: NCT04108719 (2020-2023*)		Recruiting	
	Zika Virus (ZIKV)	Pre-membrane and envelope glycoprotein	Moderna	mRNA-1893	Phase 1: NCT04064905 (2019-2021)		No data available	
	Influenza H7N9	Hemagglutinin	Moderna	mRNA-1511	Phase 1: NCT03345043 (2016-2018)	(33.3-71.3%) [30/90, 20-30%]		[1,6]
	Influenza H10N1	Hemagglutinin	Moderna	mRNA-1440	Phase 1: NCT03345043 (2016-2018)	(1-80%) [5/64, 6%]		[1,6]
	HIV-1		Aeros Therapeutics	AGS 004	Phase II: NCT040672191 (2020-2021)	(25/33, 72%) Lower than placebo arm [0/33, 0%] No difference in viral load between arms	Local site reactions	[7]

# Coronavirus vaccines

- Data on 179 vaccine recipients, 4% SAE rate

Table 1. Summary of human trials of non-COVID-19 coronavirus vaccines. Adapted from [117].

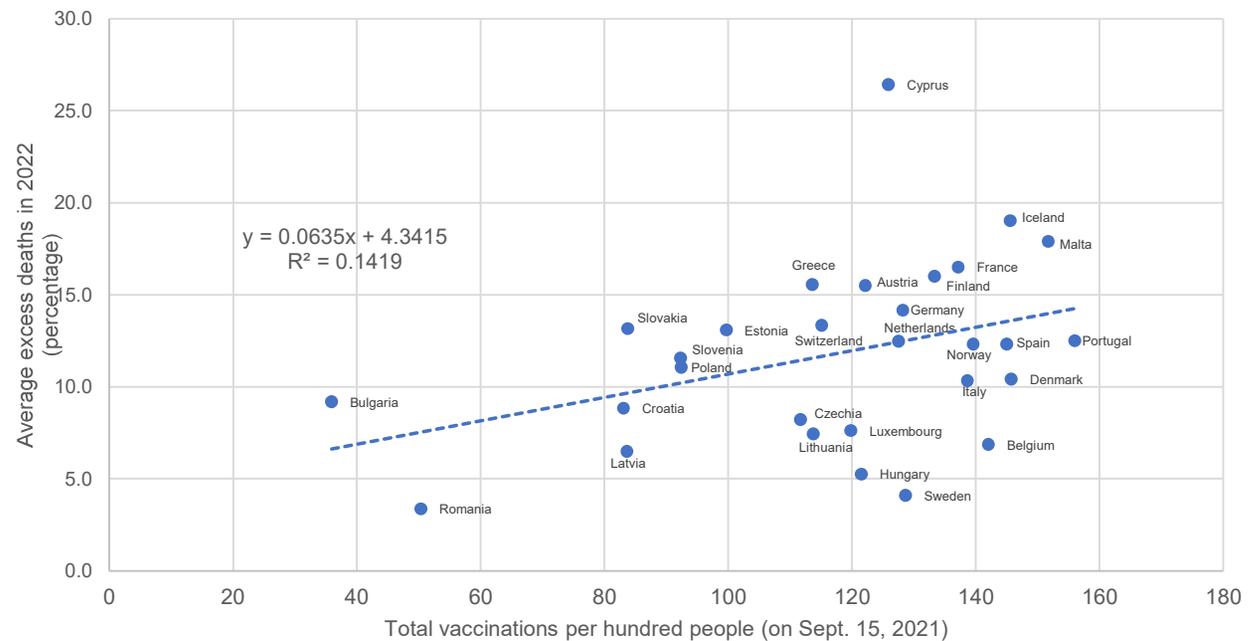
Platform	Vaccine	Group	Status	Severe Adverse Events	NCT ID
SARS Vaccine Clinical Trials					
Inactivated virus	Inactivated SARS-CoV vaccine (ISCV)	Sinovac	Phase I, completed	[0/24, 0%]	No NCT ID
DNA vaccine	VRC-SRSDNA015-00-VP	NIAID	Phase I, completed	[0/9, 0%]	NCT00099463
MERS Vaccine Clinical Trials					
DNA vaccine	GLS-5300 (INO-4700)	GeneOne Life Science/Novio Pharmaceuticals/International Vaccine Institute	Phase I, completed	[0/75, 0%] Infections in 39% of participants	NCT02670187
DNA vaccine	GLS-5300 (INO-4700)	GeneOne Life Science/Novio Pharmaceuticals/International Vaccine Institute	Phase I/IIa, completed	No results available	NCT03721718
Viral vector vaccine	MVA-MERS-S	CTC North GmbH & Co. KG	Phase I, completed	[0/23, 0%]	NCT03615911
Viral vector vaccine	MVA-MERS-S_DF1	CTC North GmbH & Co. KG	Phase Ib, not yet recruiting	No data	NCT04119440
Viral vector vaccine	ChAdOx1 MERS	University of Oxford	Phase I, recruiting	[1/24, 4%]	NCT03300578
Viral vector vaccine	ChAdOx1 MERS	King Abdullah International Medical Research Center/University of Oxford	Phase I, recruiting	[9/24, 25%]	NCT04170829
Viral vector vaccine	BVRS-GamVac-Combi	Gamaleya Research Institute of Epidemiology and Microbiology/Acellena Contract Drug Research and Development	Phase I/II, recruiting	No data	NCT04128059
Viral vector vaccine	BVRS-GamVac	Gamaleya Research Institute of Epidemiology and Microbiology	Phase I/II, recruiting	No data	NCT04130594

# Summary

- Unprecedented technology
- Limited evidence for safety
- Strong evidence against safety
- Violation of precautionary principle



# Public health needs the public trust



# Therapeutics for long covid and vaccine injury



- Seeks to summarize:
  - clinical diagnosis and patient factors affecting outcomes (age, sex, etc.)
  - Cause/Etiology (focus on spike protein related pathology)
  - Therapeutic mechanisms
    - Inhibit spike
    - Clear spike
    - Heal damage
      - Lower inflammation
      - Restore mitochondrial energy production

*Review*

## Strategies for the Management of Spike Protein-Related Pathology

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**Abstract:** In the wake of the Covid-19 crisis, a need has arisen to prevent and treat two related conditions, Covid vaccine injury and long Covid, both of which have a significant vascular component. Therefore, the management of these conditions require the development of strategies to prevent or dissolve blood clots and restore circulatory health. This review summarizes the evidence on strategies that can be applied to treat both long and vaccine injuries based on similar mechanisms of action.

**Keywords:** Long Covid; Covid-19 vaccine; thrombosis; clots; inflammation; therapeutics