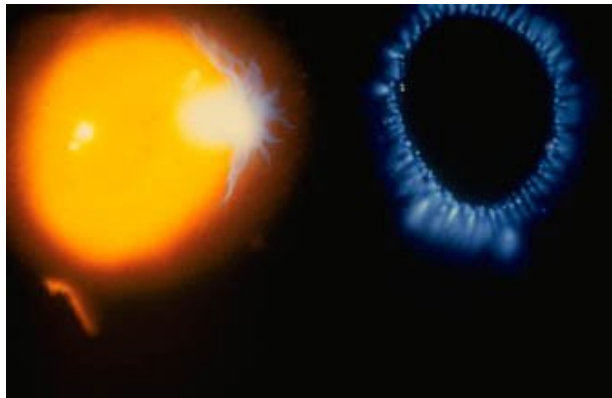

Healing Energies & Alternative Cancer Therapies | Health Newsletter

Written by: Jon Barron

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Healing Energy, Part 2



Before We Begin

If you haven't already heard the news, last Wednesday, the Advocate General pronounced the European Food Supplements Directive, which effectively proposed to ban 75% of vitamin and mineral formulas in Europe, was invalid under European law. This

effectively means that this proposed stifling of the Supplement industry will most likely be null and void come June – also probably spelling the end for the supplement aspect of Codex Alimentarius.

Although this is good news, it is hardly unexpected as I mentioned in my [3/14 newsletter](#). I've never believed, despite the panic in the alternative health community, that Codex and the European Health Directive had much chance of surviving in their current form. However, in the same way people overreacted to the negative aspects of the proposed European law, they are now likely to overreact to the positive side of the decision. There are still two reasons for concern.

- The judge actually approved of the principle behind the proposed law. He just objected to its proportionality. That opens the door for redrafting
- I've always said the more insidious dangers are co-option and the quiet dismembering of supplements through economic channels as has been done with ephedra and kava as opposed to in-your-face laws. If you haven't already done so, you should check out the 7/21/03 newsletter titled [Don't Look at the Pinstripes](#).

Healing Energy

First a quick recap of what we've already covered (If you haven't already done so, you'll probably want to read [Part 1](#) before continuing.)

- We are fundamentally energy beings.
- The application of energy (its beneficial or harmful effects) is primarily determined by the frequency of that energy and its

intensity.

- There are essentially two different kinds of energy we're working with: standard electromagnetic energy (light, heat, sound, etc. — that is most everything we're familiar with) and scalar energy, which tends to be the better form for embedding in objects and cells because it tends to stay where it's placed.

There are really only a handful of ways you can apply healing energy to the body.

- Wearing or using a device or patch that functions as an antenna and that draws selected healing frequencies out of the "ether."
- Direct application of energy to the human body.
- Embedding energy in a supplement, pendant, patch, water, etc that you either wear or ingest.
- Using specially designed materials to selectively concentrate and reflect back healing frequencies generated by the body itself.
- The laying on of hands

Energizing Water

Water is a miraculous substance, but not all water is alike. There are so many things that can be done to it to enhance its potential in the human body that it is almost mind boggling. And as with everything else we've talked about so far, there is a great deal of nonsense circulating about concerning this issue.

Some of the things that can be done involve applying energy — everything from magnets to lasers to heat to sound — to give the

water new properties. Other things involve adding substances to the water to change its structure or pH and using the water to carry set frequencies. There is not enough room in this issue of the newsletter to cover everything in detail. It really is a vast subject. In fact, I am currently working on a project with my friend, Michael Pedersen, President of Aquaspace Water Systems, testing some concepts concerning magnetizing water, and the draft paper Michael wrote on just this one specific aspect runs nine pages. What I am going to try and do, however, is touch on some of the different things that can be done and show how and why they work.

So what are these things that can be done to water?

- It can be made wetter, more bioavailable
- Its pH can be raised
- It can be raised to a higher energy state
- It can be made to carry the frequencies (and therefore some of the properties) of other substances

Making Water Wetter

As with most of the other things we've talked about so far in this series, there is a great deal of marketing hype and nonsense associated with it. Terms such as structured water and clustered water have loosely been thrown around and used in ways that have little connection with reality. In the end though, the concept is simple, easily implemented in a number of ways, and can make a profound difference in the state of your health. And in truth, the simple reality is no less remarkable than the pseudo science surrounding it.

To keep it simple, water molecules contain electrical forces that cause the molecules to cluster together. (In fact, the overall charge of the water molecule is neutral, but the charge is not uniform over the entire molecule meaning that it tends to create an electric dipole, carry a positive charge at one end and a negative charge at the other.) This is easily seen in the way water beads up on the surface of a car after you wash it. If you disrupt those electrical forces, fewer molecules cluster together, which means the water clusters are smaller – making them better able to move in and out among the fibers of your clothes so the water cleans better or in and out through the walls of the cells in your body so the water carries nutrients and waste in and out better.

Making water “wetter” can be done chemically (with surfactants in your laundry detergent or micelle in your drinking water), by apply magnetic fields to the water, electrical charges, sound waves, even heating and cooling the water in the right way. All can cause the water molecule groupings to become smaller, i.e. wetter. (For information on how to magnetize your own water check out [Magnetizing Water](#). Note: using all north as described in the article is probably a good choice for now, but Michael Pedersen has been running some fascinating experiments that may change that equation a bit.)

Despite claims from the scientific community that this is all **quackery** and that any perceived benefits are merely placebo results, real world results do no bear this out. In some ways, this is a little like the science that was used to prove that bumblebees cannot fly (but only a little like it). Some years ago, as a joke, scientists used scientific analysis to prove that the ratio of body

weight to wingspan is disproportionate in bumblebees, which in theory makes it aerodynamically impossible for them to fly. But, of course, they can and do. This is now considered a scientific classic – using pure scientific analysis to “prove” the opposite of something that we actually know to be true. The only difference when it comes to the debunking of wetter water is that unfortunately, in the water example, it’s not being done as a joke.

Actually, there are thousands of examples of how water is affected by energy. A simple one you may have done when you were younger. Rub a plastic comb to charge it with static electricity and then turn on a tap so the water runs in a thin stream. Hold the charged comb close to the water and the water will bend towards the comb.

Amazingly, the scientific community dismisses the health benefits that hundreds of thousands of people experience as mere placebo effect.

Well, let’s be good sports and run with that a bit. But very quickly we’re faced with the issue of using wetter water in agriculture? And here I refer to the world’s agriculture industry, which has been exploring the benefits of magnetized water for some time now. Plants, of course, are not subject to the placebo effect.

Differences in crops as the result of using magnetized water can only result from changes to the water, not psychological mind games with the plants. Bottom line is that there are numerous sites on the web clearly showing the difference in plant growth using magnets to create “wetter” water. Here’s one:

<http://www.magneticcast.com/agriculture/results.html>.

Oh, and in answer to the question of how the scientific community deals with the non-placebo effect of magnetized water on plants? They don't; they ignore it.

Raising pH

I dealt with this in some detail in Chapter 14 of *Lessons from the Miracle Doctors* (which you can download for free at www.jonbarron.org/detox/book-free-lessons-miracle-doctors) so I won't spend much time on it here. Suffice it to say, that drinking water with a pH higher than 7.0 is beneficial. In fact, water of pH 8.0 – 8.5 is probably ideal.

And there are a number of ways to do this:

- Adding alkalizing agents such as Alkazon drops to water
- Magnetizing the water
- Or using ionizing water filters that filter and split your tap water into two parts: a high alkaline water for drinking and a high acid water for cleaning and disinfecting.

And yes, it is possible to get too alkaline. For most people this is not a problem, but as always, some people go overboard in trying to alkalize their bodies. Early signs of a problem are skin that goes suddenly dry and gets very itchy.

Higher Energy States

Some companies claim that they are able to apply energy fields to water to raise it to a higher energy state or alter the spin of the molecule or pass "information" to the water to alter its properties. For most of these, the marketing spiel is pseudo-science mumbo-jumbo. But, and this is a very important point (as with the energy patches we talked about last issue), just because the

marketing spiel is nonsense doesn't mean that something useful isn't happening. Unfortunately, the only way to tell, since you can't extract anything useful from the information presented, is on a case by case basis by experimenting with and using the "enhanced" water.

Carrying Frequencies

In a sense, water can function like a tape recorder, it can "remember" the frequencies of objects and substances it comes in contact with. Another way of looking at this is that water is nature's great mimic. It can store the frequencies of things it comes in contact with and mimic the properties inherent in those frequencies/substances.

That water remembers is pretty self-evident. Anyone who has attached a magnetic device to their water pipes to clean scale knows that the water can remember the magnetic field at least long enough to clean scale from pipes throughout the entire house. In this case the memory lasts for several hours. When it comes to remembering frequencies (particularly if there are minerals present in the water), the memory can last for many months (or longer) unless the water is exposed to another, stronger frequency that replaces it. The question, as with all frequency issues, is what frequency are we talking about? Is it beneficial, harmful, or neutral?

Homeopathy

I'm not going to go into a discussion of what homeopathy is or how it works in this newsletter. What I do want to deal with is the main reason that the medical community considers it quackery.

And for that I turn to Stephen Barrett's [Quackwatch](#) website. To quote:

"Homeopathic products are made from minerals, botanical substances, and several other sources. If the original substance is soluble, one part is diluted with either nine or ninety-nine parts of distilled water and/or alcohol and shaken vigorously (succussed); if insoluble, it is finely ground and pulverized in similar proportions with powdered lactose (milk sugar). One part of the diluted medicine is then further diluted, and the process is repeated until the desired concentration is reached. Dilutions of 1 to 10 are designated by the Roman numeral X (1X = 1/10, 3X = 1/1,000, 6X = 1/1,000,000). Similarly, dilutions of 1 to 100 are designated by the Roman numeral C (1C = 1/100, 3C = 1/1,000,000, and so on). Most remedies today range from 6X to 30X, but products of 30C or more are marketed.

"A 30X dilution means that the original substance has been diluted 1,000,000,000,000,000,000,000,000,000,000 times. Assuming that a cubic centimeter of water contains 15 drops, this number is greater than the number of drops of water that would fill a container more than 50 times the size of the Earth. Imagine placing a drop of red dye into such a container so that it disperses evenly. Homeopathy's "law of infinitesimals" is the equivalent of saying that any drop of water subsequently removed from that container will possess an essence of redness. Robert L. Park, Ph.D., a prominent physicist who is executive director of The American Physical Society, has noted that since the least amount of a substance in a solution is one molecule, a 30C solution would have to have at least one molecule of the

already know that water can absolutely be changed when exposed to electro-magnetic forces and that it can remember those forces for a period of time. We know that energy altered water can significantly change the way irrigated plants grow. Based on those observations, you cannot dismiss homeopathy out of hand. If scientists want to evaluate homeopathy, they have to evaluate on those terms. You can't impose your own explanation for how something works and then dismiss it because of the holes found in that explanation. Given that *modus operandi*, you can eviscerate anything – even modern medicine.

The Laying on of Hands

A number of people wrote in after the last newsletter telling me how interested they were to know what I had to say about this controversial topic. So without further ado...

Let's start with four concepts that are easier to understand and accept before we make the big leap.

- First, every substance or object (animate or inanimate) absorbs and radiates energy in its own unique way. That is to say, every substance has its own unique energy fingerprint. This is even easier to understand when it comes to living beings. As we discussed last issue, at every level we are fundamentally energy beings. Our entire body is built of a complex of electrical systems – even to the point that every single cell in our bodies functions as a mini battery.
- Second, some frequencies are beneficial. Others are harmful. Some levels of intensity are beneficial. Others, harmful.
- People who are healthy tend to exhibit more of the beneficial frequencies at higher levels of intensity; whereas people who

are ill tend to exhibit fewer of those frequencies and at lower levels of intensity.

- We can be affected by energy applied to the body. A TENS machine applied to the body relaxes muscles. A high voltage charge applied to the body kills.

So far, nothing very controversial or hard to accept here. But now let's move it up a level.

- Since every human body can generate and accept energy, it is possible for bodies to pass energy from one to the other. Everyone can do it. But it's a little like hitting a baseball. Some people have no innate talent for it and never work at it. Some have no talent but work at it and develop some facility for it. Some have an innate talent but never develop it. And some have talent and work to develop it. These are the people we call "healers." And what is our proof of this? There isn't any real definitive proof. Some studies have indicated that it works, and other's have come to the opposite conclusion. Nevertheless, there are some strong suggestions as to its validity.

- First, as mentioned above, anyone who makes the effort can learn to both feel and manipulate the energy. At that point it's no longer theoretical. And this brings up a great question: if it's so easy to feel, how come we don't all feel it all of the time? How can something real be there but we can't see it or feel it one moment, but can the next? If it's real, wouldn't we experience it all the time?

And the answer is very simple: we tune it out. Actually, this happens far more frequently than you might think. Our brains are bombarded with hundreds of thousands of bits of information every day. If we didn't screen out "non essential" information, we would be overwhelmed by it. In

fact, I'm going to train you right now to "reobserve" an aspect of light that you have tuned out.

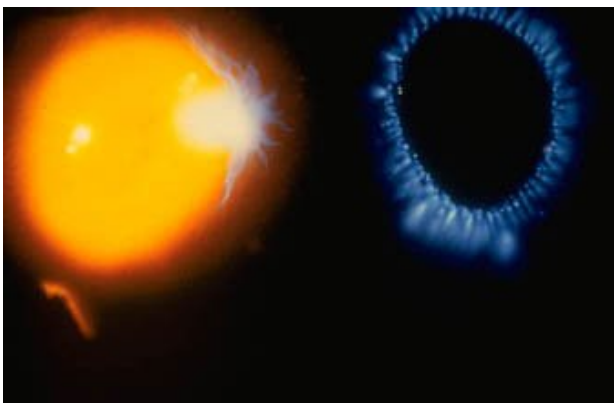
Because color temperature is non-essential information for most of us, we tend not to see it. Our brains tend to filter out color temperature information and make all color temperatures look the same. But artists and color photographers don't have that luxury. They have to turn the filter off and have their brains "see" what their eyes see. Most people are not aware that their skin color changes wildly as color temperature changes. I'm now going to teach you to be aware.

The next time the sun is out. I want you to step out in the sunlight and look at the skin on your arm. Notice the blue tones. Then go inside and look at your arm under the light of an incandescent light bulb. Notice that the skin has now picked up a strong red/orange color. Nine times out of ten (and for some people ten out of ten times), you could walk indoors or out and never notice the change in color because your brain filters it out as non-essential. It was happening every time, but you never noticed it. The concept didn't even exist in your reality. But once you became aware of how to look, you can see, and what was once non-existent is now easy to see.

Another example is the color white. Next time you go to an art museum, look carefully at areas of white in an artist's canvas. You may be blown away if you look carefully and see how little white paint there is in that white area. Where you would only see "white," the artist sees all of the colors reflected in that white. Learn to see as the artist sees and you will then see what the artist sees – all the colors that in reality make up white. For example, here's a link to [Fumée d'Ambre Gris](#), one of my favorite John Singer Sargent paintings – a study in white on white. And yet, note the browns, blues, grays, golds, and reds that make up the

white robe and walls. Learn to see as the artist sees, and a world you were previously oblivious to suddenly opens up. Feeling energy moving in and out of your body is no different. The experience is there all the time. It's just as real. We're just shut down to it. To those who are oblivious to it, it's easy to dismiss. Once you become sensitive to it, its reality is as unquestionable as seeing the world of color you were once oblivious to.

- Second, anecdotally, stories about healers, healing hands, and healing energy go back centuries...to the beginning of recorded history. If it's a myth based on a placebo effect, it has remarkable staying power.
- And finally, we now have some strong inferential support. I'm not going to go into the details of what Kirlian photographs are. Suffice it to say that although they depict much less than is claimed by their proponents, they absolutely do illuminate differences and changes in objects. What that means may be open to interpretation, but that it is present is not. Below is a kirlian photograph of two fingers – on the left, the finger of a healer and on the right, a person in need of healing. You can interpret the differences for yourself.



In conclusion, there's nothing about healing hands that falls outside any of what we already know about energy and healing. Again, as with patches or pendants, there are many claims made

by different people. Some may be completely valid, some marginally valid, and some are total nonsense (of which I have seen many). But I have seen enough to be convinced that some people definitely have “healing hands.” In the end, I would recommend being open to the possibility, but skeptical of any claims you hear from particular healers until you find out if that particular healer works for you.

And just a note on the placebo effect. If it came down to it, which would you rather use?

- A placebo that costs you \$39.95 and that convinced your mind to heal your body of cancer
- A well tested chemotherapy drug, based on volumes of clinical testing, that costs you tens of thousands of dollars and that in your case didn’t work, destroyed your immune system, and caused your death.

In one, you’d be a sucker that was healed. In the other scenario, a dead rational being. I know most doctors and scientists would choose the rational death in a heartbeat. But that might not be your first choice.

A Final Thought

Sometimes you know the gods are smiling on you. Here we are running a series on healing energy and the body (a concept pretty much dismissed out of hand by the scientific/medical community) and what comes out of Harvard University?

According to the Harvard Gazette, researchers at Harvard Medical School are experimenting with a technique that uses electromagnetic pulses to treat depression. Called transcranial

magnetic stimulation, or TMS, it involves holding a figure-of-eight-shaped wand near a person's head. Two coils of wire on the wand generate a strong magnetic field that induces electric currents in brain cells.

"We believe that TMS works by normalizing disturbed levels of brain activity," says Alvaro Pascual-Leone, an associate professor of neurology at Harvard Medical School. In experiments at Beth Israel Deaconess Medical Center in Boston, he and his colleagues lifted the spirits of depressed patients who are resistant to antidepressant drugs.

Can't you just see the medical community's commentary on this device if it had been found in an alternative health clinic? You know perfectly well that if this research had been published by an alternative health publication, it would have been dismissed out of hand as big time quackery mumbo-jumbo. But that bitter question aside, **the key point is that we have the ultimate statement from the medical community that subtle energy fields can directly affect our bodies and our biological functions.** Thank you very much!

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Healing Energy, Part 1

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3 Comments