

Dispelling unwarranted fears!!

What is Alpha-gal syndrome?



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One of the reasons for the articles I write is to help dispel unnecessary fear and enable people to make informed decisions, rather than fear-based decisions predicated on misleading or even false information.

As has become abundantly obvious, the key source of fear-mongering is the mainstream media, which is the reason I often begin by referring to stories reported by the BBC to illustrate the latest piece of propaganda. The BBC is, after all, the propaganda arm of the UK government - or to be more precise, of the 'would-be controllers' behind the UK government - and virtually all other governments I might add.

I would like to make the point though, that fear is not inherently 'bad'; it can be valuable **IF** it is based on reality. In other words, fear can be useful if based on a real-life situation that requires us to make an appropriate response.

Fear that is not based on reality is not only not valuable, it can also be extremely harmful. This is clearly demonstrated by the harm caused by a belief in invisible particles that can make people ill and even kill them - an idea that has never been proven to be true. The harm that has been caused by this erroneous idea over the course of the past 3 and a half years alone is incalculable. The harm this erroneous idea has caused since its adoption by the medical system more than 150 years ago doesn't bear contemplation.

A typical example of the promotion of unwarranted fear by the BBC is a recent article entitled *Alpha-gal syndrome: Meat allergy linked to tick bites rising, CDC says*. The article begins with the usual clickbait-style dramatic statement,

“The rate of Americans developing a rare meat allergy from tick bites is rising, researchers say, and may have already impacted as many as 450,000 people.”

This is followed by the comment that,

“New data released by the Centers for Disease Control and Prevention (CDC) on Thursday shows a steep increase in cases of alpha-gal syndrome.”

I am aware that alpha-gal syndrome is not an entirely new phenomenon, however the fact that it is receiving increased attention in the MSM raises questions and therefore deserves some investigation.

The first question to be addressed is: What exactly is ‘alpha-gal syndrome’?

According to the CDC web page *Alpha-gal Syndrome*,

“Alpha-gal syndrome (AGS) is a serious, potentially life-threatening allergic condition. AGS is also called alpha-gal allergy, red meat allergy, or tick bite meat allergy. AGS is not caused by an infection. AGS symptoms occur after people eat red meat or are exposed to other products containing alpha-gal.”

So what is ‘alpha-gal’?

The CDC states on the same web page that,

“Alpha-gal (galactose- α -1,3-galactose) is a sugar molecule found in most mammals.”

Interestingly, the web page asserts that alpha-gal is not found in fish, reptiles, birds - or people!

There seems to be an emphasis on the idea that alpha-gal is not found in humans, but we are not the only exceptions; further investigation reveals that some primates and especially apes fall into that category as well.

Although ticks are not being blamed for spreading ‘viruses’ this time, they are claimed to be responsible for an allergy called AGS; a claim that needs to be examined in greater detail.

According to the CDC,

“AGS reactions can include:

- Hives or itchy rash
- Nausea or vomiting
- Heartburn or indigestion
- Diarrhea
- Cough, shortness of breath, or difficulty breathing
- Drop in blood pressure
- Swelling of the lips, throat, tongue, or eye lids
- Dizziness or faintness
- Severe stomach pain”

That is certainly a wide variety of symptoms!!

It is increasingly understood that most symptoms are cleansing processes that represent the body’s reactions to substances it recognises as toxic that therefore require expulsion. Many of the above listed symptoms are pretty typical of the body’s efforts to expel harmful materials.

Another particularly interesting statement by the CDC is,

“Symptoms commonly appear 2-6 hours after eating meat or dairy products, or after exposure to products containing alpha-gal (for example, gelatin-coated medications).”

A question I would raise here is: Have any of these products claimed to be the cause of symptoms associated with AGS been tested for any toxins at all? I would also add that it would not necessarily be the gelatin on the medications that would cause symptoms; all

pharmaceuticals are associated with what are euphemistically called ‘side effects’, which are, in truth, direct effects.

Of particular note is one of the bullet points on the CDC page,

“AGS reactions can be different from person-to-person. They can range from mild to severe or even life-threatening. Anaphylaxis (a potentially life-threatening reaction involving multiple organ systems) may need urgent medical care.”

The question of why there would be such a range of reactions is not addressed by the CDC.

Another significant point to note is the CDC web page entitled *Products That May Contain Alpha-gal* that provides some very interesting information under the heading *Non-food products that may contain alpha-gal*, which includes,

“Some medications and vaccines may contain small amounts of alpha-gal-containing additives, stabilizers, or coatings. **Not all patients with AGS react to these ingredients.**” (emphasis in original)

The list also refers to ‘vaccine excipients’ (additives) that may contain alpha-gal, which are stated to include: gelatin, glycerin, magnesium stearate, and bovine extract.

A further bullet point in this list states,

“Other medical products, such as heart valves from pigs or cows, monoclonal antibodies, heparin, and certain antivenoms are animal-derived and may contain alpha-gal.”

I wonder how many vegetarians and vegans are aware of these animal-based substances in the ‘medicines’ they take and the vaccines they receive!

I also wonder how many researchers studying this phenomenon took account of the vaccines and pharmaceuticals the people in their studies were taking! Did they even consider that the drugs these people were taking may account for some of the increase in ‘allergic reactions’?

The CDC *Alpha-gal syndrome* page makes a particularly important statement that,

“People may not have an allergic reaction after every alpha-gal exposure.”

This raises the question: If exposure to alpha-gal causes the ‘syndrome’, then why does it not happen in all cases?

If something is claimed to be the cause of an effect, the effect must always result from the cause. This is clearly NOT the case with exposure to alpha-gal. If the effects do not always occur, exposure to alpha-gal cannot be the cause.

Exceptions to any ‘rule’ means that the ‘rule’ has flaws and needs to be re-assessed!

The study that seems to have ‘discovered’ an association between anaphylaxis, red meat and alpha-gal is entitled *Delayed anaphylaxis, angioedema, or urticaria after consumption of red meat in patients with IgE antibodies specific for galactose- α -1,3-galactose*; it was published in 2008.

The problem is that the medical establishment misunderstands the proteins they refer to as ‘antibodies’. I must emphasise that I am not denying the existence of serious anaphylactic reactions; my point is to raise questions over the claims about the alleged cause(s) of such reactions, often labelled ‘allergies’.

A 2011 study article entitled *The relevance of tick bites to the production of IgE antibodies to the mammalian oligosaccharide galactose- α -1,3-galactose* claims that finding this association arose from the use of a monoclonal antibody cancer drug called cetuximab that was approved in 2005. As the article states,

“Shortly thereafter, it became clear that a significant number of patients were experiencing severe hypersensitivity reactions during their first infusion of this mAb. Surprisingly, those reports appeared to be restricted to an area of the Southeast, including Tennessee, North Carolina, Arkansas, Virginia, and the southern half of Missouri.”

It is surprising that such sensitivity would be found only in certain areas of the US. This sensitivity seems to have been a new phenomenon though because, as the study states,

“In most cases, these patients were adults who had consumed red meat for many years before having the delayed reactions. This history implies that some new exposure had triggered the production of IgE antibodies to alpha-gal.”

What is conspicuous by its absence is any discussion about other potential causal factors, such as any environmental factors; the use of any new ‘medicines’; or the introduction of any new vaccines; despite the acknowledgement that pharmaceuticals may contain alpha-gal.

The study authors claim to have investigated what the ‘new exposure’ might be and eventually, as stated in the conclusion to their paper, proposed that ‘tick bites in the United States can induce IgE antibodies to alpha-gal’.

First of all, ticks can and clearly do inject foreign substances into the body when they bite, this alone is likely to make the body react. However, many ticks are considered venomous, which means their secretions are highly toxic and likely to cause severe reactions. These reactions will vary from person to person, as the CDC acknowledges. However, what the CDC does not mention is the reason that people react differently, which I would suggest is due to the underlying condition of the person’s body when they are bitten.

I discuss this in an earlier article, as below

Here we go again.....

DAWN LESTER • APR 6





An article posted on the BBC website on 5th April caught my eye because it provides yet another example of why it is so important to not only expose the lies about ‘viruses’ being pathogens, but to also refute the claims by many voices in the ‘alternative health movement’ that the ‘no virus’ position is divisive and of no real importance.

[Read full story →](#)

It is important to bear in mind though, that in many instances, there are multiple aspects to the stories reported in the MSM, especially as they continue to attempt to implement the different components of the agenda, such as the 17 goals of the 2030 Agenda for Sustainable Development, also known as the Global Goals.

One aspect is probably to further enforce fear of ‘ticks’ as the causes of health problems; a situation that diverts attention away from the real causes and from a genuine understanding of how the body actually works and the real role of symptoms.

Instead, the MSM focus on products to use for protection against the ticks; for example the BBC article states,

“The CDC advises people outdoors to use insect repellent, such as those containing DEET, or to pre-treat clothing with a chemical called permethrin.”

These substances are known to be toxic. Using these products will be an additional toxic assault on the body that is likely to exacerbate any existing health problem that may then give rise to further sensitisation and potentially to a reaction that is referred to as an ‘allergy’.

Another aspect to this story is to make people fear nature, which is a ridiculous idea; nature is not our enemy. However, it would seem that the strategy of the ‘would-be controllers’ is to make people fearful of nature on the basis that this will help them implement their plans to move us all into ‘smart’ cities.

Yet another aspect is the association of this health problem with ‘climate change’,

another unproven and utterly ridiculous idea. Nevertheless, the BBC article claims,

“US scientists have traced alpha-gal to saliva from the lone star tick. The tick is identified by the white spot on its back and is mostly found in southern and eastern parts of the US. But experts warn that their range is expanding due to climate change.”

Like so many of these fear-based stories, there are contradictions and mixed messages within the story about AGS, as can be seen by CDC that claims,

“AGS can be severe, and even life-threatening.”

Yet in the next sentence on the same web page, the CDC states,

“Not all patients with AGS have reactions to every ingredient containing alpha-gal.”

There are more mixed messages on the topic of whether ticks are venomous or not, as can be seen by a 2014 article entitled *Are ticks venomous animals?* that states ticks are rarely considered venomous. However, in the conclusion, the authors state,

“Taking into account the composition of tick saliva, the venomous functions that ticks have while interacting with their hosts, and the distinguishable differences between human (non-venomous) and tick salivary proteins, we consider that ticks should be referred to as venomous ectoparasites.”

As I, and many others, have shown, there are always multiple causal factors that precipitate symptoms that are given a label of some form that is referred to as a ‘disease’. Furthermore, the human body is a complex living organism that is poorly understood by the medical establishment.

The ingestion or injection of foreign material, especially the injection of foreign proteins, is known to be harmful; these substances will cause the body to react. The intensity and duration of the reaction will depend on the condition of the person’s body and its ability to eliminate the toxic material quickly and efficiently. Prolonged or extreme exposures to toxins may cause the body to become sensitised and therefore to react more strongly to further toxic assaults and this may precipitate severe reactions

such as anaphylaxis.

There is clearly an effort to increase the attention being paid to ‘allergies’, as indicated by a BBC article entitled *Allergy emergencies double in recent years in England* that states,

“Dangerous allergic reactions are rising in England and now cause some 25,000 NHS hospital stays a year, data shows.”

There are reasons for these reactions, but those reasons are not as described by the MSM or the medical establishment.

We are increasingly exposed to toxins, whether in food, water, air or the products we use on a daily basis, and these may compromise our health. However, our bodies are far more capable than we are told of processing and eliminating these toxic substances, but only if we don’t get in its way and add more toxins by way of ‘medicines’, vaccines, or other products claimed to protect us. It must be added that ‘medicines’ and vaccines are invariably part of the problem; they cannot therefore be part of the solution.

The final and possibly most important point to make is that our mindset - in other words, our mental, emotional and spiritual wellbeing - also plays a very significant role in our health; it could even be said to play the most important role.

It is vital for our own health that we become more discerning so that we can recognise when we are being manipulated to be unnecessarily fearful and when there is a genuine reason to feel fear.

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15 Comments



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Linda Lehr Anning Aug 3 Liked by Dawn Lester

Great article, thank you Dawn. When I first saw the title I thought, I better read that because I think I have alpha gal syndrome, I'm a human female sometimes referred to as a gal and I have been called alpha because I engage in a wide variety of activities including cooking, reroofing a house, installing drip systems, landscaping, fence building, assembling furniture, wiring, etc., anything manual. So much fun! I have been a holistic health practitioner that practices body work, energy healing, nutrition, and promotes accupuncture, homeopathy, chiropractic, for 30 years. I believe in the body's innate capability to heal itself and support the process while getting out of the way by not adding more toxins through allopathic measures. It's all about the health of the terrain, the human body terrain and the Mother Earth terrain. Unfortunately Big Ag and Big Pharma are intertwined and have been poisoning our plants and animals for several decades which maybe why some of us have bad or allergic reactions to our food, meats and plants. And now the same industries are starting to vaccinate zoo and wild animals in additon to our pets and our meat animals. We must keep educating ourselves and each other and speak up about this criminal undertaking! Again, thank you Dawn for not being afraid to speak up and reach out!!!

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1 reply by Dawn Lester



Christine Massey FOIs Writes Christine Massey's "germ" FOI N... Aug 3

Liked by Dawn Lester

Thank you Dawn! Someone drew my attention to this the other day so I ended up reading the CDC's page and found it pretty ridiculous.

LIKE (2) REPLY ...

1 reply by Dawn Lester

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