

This is the Canada Health Alliance Weekly Report published on Saturday February 8th, 2025

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Executive Director's Message

If For a long time now we have been programmed to be passive and to 'trust the process.'

Well, if we are indeed in the middle of an age-old war between Good and evil (which I personally believe we are), being passive and essentially disengaged certainly won't help our cause.

Instead of sitting back and waiting for either the rapture or for things to improve by someone else's hand, I believe the cause of Good needs as much help as it can get, especially during this pivotal 'time of madness' when demons seem to be walking the earth with impunity. As Archbishop Carlo Viganò says in our Quote of the Week below, at this moment in history we need to hear and accept our calling to

stand up against evil and to fulfil our destiny as the generation that will actually save humanity.

Sure, it might sound a bit poetic and lofty, but it is the truth, and no matter how small or seemingly insignificant our contribution to the cause of Good might be, it could well be the little bit extra that tips the scales in our favour and secures the future for our children and grandchildren.

We are each tiny raindrops in a flood that will eventually wash away this madness and the darkness which is behind it. But to achieve that goal we all need play our part, to speak up, to stand up, to defend the weak and vulnerable and to unite in our cause. As members of CHA this starts with establishing medical freedom and real choice as the foundation of our Canadian healthcare system of the future, and then letting that permeate through to the re-establishment of freedom generally.

This is a big task, but we have God on our side and we have each other. With that there is nothing we can't achieve!

I hope you have a good week and I look forward to seeing you in our National Assembly call with our Vice President Dr. Jennifer Hibberd on Tuesday February 18th.

Thank you.

Alan Brough
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Wins of the Week

There has been a great deal happening this week and it is hard to believe that with all this activity Trump has actually only been in office for less than three weeks! That being said, not all our wins are a result of Trump, and our first Win is a very significant one for a close friend of CHA, with all charges against Dr. Hoffe being dropped by the BC College of Physicians and Surgeons.

- 1) As noted above we start with a fantastic win! After almost five years of relentless persecution, the College of Physicians and Surgeons of British Columbia, suddenly, on Wednesday, announced that they have decided to *"drop all charges against Dr. Charles Hoffe"*. Dr. Hoffe has been a long time friend of CHA and he has participated in numerous educational road-shows across Canada with Dr. Stephen Malthouse, our former President and current Board Member, to educate Canadians about the dangers of the Covid vaccines. Dr. Hoffe was one of the first Canadian physicians to be persecuted for being an honest physician in Canada, and his punishment has been extreme. According to Dr. Jessica Rose who has helped with his defence, *"This is fantastic news, but I am not satisfied. They destroyed this man's life for years. That takes a toll on a kind human being's well-being: they stole his practice, his livelihood and his time. The former: he cannot get back. There is no compensation that could possibly justify his losses."*
- 2) After a drawn out appeal process we are very pleased to see that on Tuesday the British Columbian Supreme Court sided with the arbitrator and ordered Purolator to compensate workers who were suspended for refusing the Covid-19 vaccine. Hopefully this will set a precedent for other similar pending cases across the country. Thanks to Barb for sharing this with us.
- 3) Canada's chief public health officer, Dr. Theresa Tam, is set to retire in June, bringing an end to her controversial tenure at the helm of the Public Health Agency of Canada (PHAC). Tam was responsible for Canada's Covid-19 pandemic response, which has been riddled with missteps and inconsistencies, leading to widespread confusion and a lack of trust in the agency charged with leading and reassuring the country through uncertain and tumultuous times. CHA has also recently written to Tam and the PHAC generally demanding that they remove untrue claims about vaccinations from their website and their 2018 and 2023 'parent's guide to vaccination' information leaflets which are both still being distributed to parents.
- 4) Last week President Trump stopped the US Agency for International Development (USAID) from funding the WHO's biowarefare programs and pandemic-planning global surveillance system and placed top USAID officials on a leave of absence. Then on Monday this week Elon Musk announced that President Trump has agreed to permanently close USAID, after USAID employees unsuccessfully attempted to physically stop DOGE engineers from entering the USAID offices at the Ronald Reagan building in D.C. on Saturday evening. DOGE's audit confirmed that this US federal agency has indeed funded bioweapons research, global pandemic surveillance, and psychological operations.
- 5) Robert F. Kennedy Jr.'s nomination to lead the U.S. Department of Health and Human Services (HHS) has been approved by the Senate Finance Committee and now moves to the full Senate for a confirmation vote. This means RFK Jr. has cleared the first, and likely most difficult hurdle in the process. However he still has some bitter enemies to face like Bernie Sanders and Elizabeth Warren in the final vote which is due to happen within the next few days.
- 6) In a related 'Win' which really does vindicate RFK Jr., according to Reuters, shares of vaccine manufacturers and packaged food companies, including Pfizer, Moderna, BioNTech, Novavax, Kraft Heinz, General Mills, Mondelez and Hershey all dropped after the Senate Finance Committee endorsed RFK Jr.'s nomination to lead the U.S. Department of Health and Human Services (HHS).



Is The Human Body Designed 'To Last Hundreds Of Years' And What Is The Secret of Longevity?

I was recently meeting with a very well known and respected herbalist in Edmonton and our conversation turned, as it so often does, to the fundamentals of good health and longevity, and why, given all our supposed advancements, humanity is getting sicker and sicker, to the point that we will likely out-live our children.

He said to me that it all comes down to our personal body's ability to efficiently process and purge toxins from our bodies. His rationale was that toxins are poisonous so they need to be cleared from the body as quickly and as efficiently as possible so that poison doesn't accumulate and start to erode our functionality, which accelerates our decline and ultimately our aging.

He went on to explain that every culture loves their cooked food, and often our traditional dishes define our culture and our heritage, but the more we refine our food and the more we cook it with all sorts of taste enhancing additives,

so we drift further away from the raw fruit and vegetable diet we are ultimately designed for. Raw fruits and vegetables are very good for our digestive system which extracts the life-giving nutrients we need and ejects the toxic waste materials we don't need.

If we can get back to this purer and more digestive diet we should be able to significantly increase both our longevity and the quality of our lives, which, in my opinion, is even more important.

My herbalist friend then said that in his opinion, "*our bodies are designed to last a thousand years*", citing the example of Methuselah who, according to the bible died at the age of 969. And he wasn't the only person who apparently lived for hundreds of years. Adam lived for 930 years, Seth his son lived for 912 years. Enosh his son lived for 905 years. Kenan his son lived for 910 years, and so the list goes on until after Noah and the great flood. At that point, according to Genesis chapter 6, verse 3,

“Then the Lord said, *“My Spirit will not contend with humans forever, for they are mortal; their days will be a hundred and twenty years.”*

This is a major drop from the pre-flood life span of eight hundred plus years. However a 120 year life span is still significantly longer than our current 75 or 80 years, which, with all the attrition over the last five years, especially of younger people, is suddenly dropping fast.

This got me thinking about why people lived for so much longer back in the times of Genesis and whether there is any evidence of how they lived which we could apply to our own lives and the lives of our children today to enhance the quality and length of our limited time on earth.

The longest living person in ‘modern’ times was reputed to be the Chinese professor and herbalist (mmmm... another herbalist who seems to have the secret to longevity) Li Chung Yun who died in 1933. His death was announced in both the New York Times and Time Magazine (remember this was back in the days before manipulation of the news and censorship to promote political agendas, so we can take it as likely to be factual).

According to the article in Time Magazine, Li Chung Yun *“was born in 1736. In 1930 Professor Wu Chung-chieh, dean of the department of education at Chengtu University, found records that the Imperial Chinese Government had congratulated Li Ching Yun in 1827 on his birthday. The birthday was his 150th, making the man who died last week a 256-year-old.”*

According to Kevan Garner’s book ‘Regeneration’ Li Chung Yun’s secrets

to longevity were:

- 1) He was a strict vegetarian and didn’t eat any meat or fish and everyday supplemented his intake with ginseng and the rejuvenating Chinese herb Foti-tieng.
- 2) He maintained “a steel like guard on his emotions and refused to allow anything to ruffle his composure. He cultivated the divine virtues of patience, peace and poise” In other words he actively avoided any emotional stress.
- 3) From a very young age he avoided cities and urban environments as much as possible as he realized they were more polluted and therefore poisonous to both his body and his mind.

We can apply all of these ‘principles of longevity’ to our own lives:



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We should focus on eating a healthy non-GMO, organic diet of fresh fruits and vegetables with as little industrial processing as possible. We definitely need to avoid as much stress and tension as possible, which is obviously a lot easier said than done, given how crazy our world is right now. Plus of course we should avoid cities and urban areas as much as we can.

Our modern cities are flooded with EMF radiation and dirty electricity, the water is poisonous and the vast majority of supermarket food is not good for us, and we are easier to control and 'herd' in the confines of a metropolis, which is why they are trying to sell us so hard on this '15 minute city' plan. The healthcare system is also a massive risk, especially given all the toxic ingredients in the endless list of vaccines they are forcing upon us, never mind all the air and noise pollution which barrages us all the time.

Although I am very aware that it is very hard to avoid all of these things, if we are serious about living longer, happier and healthier lives we should try to avoid as many of them as we can, and much of this advice is being confirmed by independent scientific research.

In the conclusion of the 2016 study 'Secrets of Healthy Aging and Longevity From Exceptional Survivors Around the Globe: Lessons From Octogenarians to Supercentenarians' as published by the National Library of Medicine, they stated that, *"The articles presented in this special section of the Journal represent a new and exciting direction in gerontology—a focus on health rather than disease."*

Well there's a great bit of advice to our current North American healthcare system that they should "focus on health rather than disease!" What a thought!! And this is exactly what Robert Kennedy Jr. is saying he wants the American healthcare system to focus on. However compared to disease, there isn't much profit in people being healthy, which is exactly why Big Pharma and Big Agriculture are doing everything in their power to block and delay RFK Jr.'s confirmation. They are fighting for their future profits and market share with no regard for the health and wellbeing of ordinary people like you and I.

In the 2016 News In Health article entitled, 'Can You Lengthen Your Life? Researchers Explore How To Stay Healthy Longer.' The authors say, "Scientists have found ways to prolong the healthy lifespans of worms,

mice, and even monkeys. Their work has revealed exciting new clues about the biology of aging. But solid evidence still shows that the best way to boost the chance of living a long and active life is to follow the advice you likely heard from your parents: eat well, exercise regularly, get plenty of sleep, and stay away from bad habits." This was written almost a decade ago, yet the mainstream media haven't talked about it at all.

Likewise in the 'Want to live to 116? The secret to longevity is less complicated than you think' article they say that *"Good humour, a positive outlook and staying away from toxic people is more important than genes, ice baths or spartan diets."*

You can see the trend and it reinforces what Li Chung Yun said, what our current herbalists are saying, and what most serious investigative journalists and researchers are also saying:

- 1) Eat a good diet based mostly on fresh, organic (and ideally raw) fruits and vegetables.
- 2) Cultivate positive, supportive relationships, cultivate a sense of humour and, at all cost, avoid stress, and finally,
- 3) Avoid all the poisons of modern urban life, including vaccines, fluorinated water, 5G and EMF radiation, processed GMO foods, crazy political and municipal systems and the numerous poisons like glyphosate that lace our food supply.

If you can do all that... health, happiness and longevity should be yours for the taking.

Alan Brough

Sources for this article include:

- * The hard copy book 'Regeneration. Live Longer, Live Better' by Kevan Garner, C.P.H.T, M.H. as published in August 1982 in Edmonton, Alberta.
- * <https://www.theguardian.com/lifeandstyle/2023/oct/28/want-to-live-to-116-the-secret-to-longevity-is-less-complicated-than-you-think>
- * <https://newsinhealth.nih.gov/2016/06/can-you-lengthen-your-life>
- * <https://pmc.ncbi.nlm.nih.gov/articles/PMC4986604/>
- * <https://time.com/archive/6751064/china-tortoise-pigeon-dog/>



Why Does The Government Want to Kill The Ostriches That Can Stop Epidemics?

Many of you will have heard about the campaign to save the lives of four hundred ostriches on a farm in British Columbia all of whom the Canadian Food Inspection Agency (the CFIA) want to slaughter as quickly as possible, “*for the common good*” apparently as part of their efforts to limit the spread of bird flu.

However there appears to be more to this story and back in 2019, 2020 and 2022 the science world was optimistic that the answer to pandemic immunity actually lay in ostrich eggs. Yet now those very same ostriches that lay these ‘Golden Eggs’ are being put on Death Row to all be wiped out, along with their precious eggs.

This CFIA ‘depopulation order’ was given while Health Canada’s webpage indicates that Avian Flu is not a risk to humans or to meat and egg production. So what is the real reason? Could it be that the eggs produced on this farm have long been the subject of very encouraging antibody research both in Japan and in the USA.

Many people also question the CFIA’s order that every single one of these ostriches must be euthanized. That order came after the CFIA only tested two deceased ostriches and have flatly refused to test any live healthy animals. The two tests that were done were PCR tests and during the Covid-19 era it was found that when set to high test cycle counts, PCR testing has a 95% false positivity rate. When questioned CFIA officials declined to say at which

rate their testing was being done which raises further questions as to what the real motivation and agenda with these ostriches and the owners of the farm really is.

Unfortunately, based on past experience, people have very little trust in shadowy government institutions who use PCR tests and who like to kill things. Past experience has also taught us to question everything, especially when it comes to matters of public health, as the real reason for intrusive behaviour is hardly ever what we are told.

For further information, please see:

- * The Universal Ostrich Farm website <https://www.universalostrich.ca/#jD7HTdbU5>
- * The citizen action site Save Our Ostriches: <https://bcrising.ca/save-our-ostriches/>
- * An article published in March 2019 by Audubon Magazine: How the Biggest Birds on Earth Could Help Fend Off Epidemics at <https://www.audubon.org/news/how-biggest-birds-earth-could-help-fend-epidemics>
- * An article published in March 2020 by BusinessWire: Ostrich Pharma USA Produces Antibodies to Block the Virus that Causes COVID-19 at <https://www.businesswire.com/news/home/20200331005836/en/Ostrich->

Pharma-USA-Produces-Antibodies-to-Block-the-Virus-that-Causes-COVID-19

- * B.C. ostrich farm developing antibodies that could put an end to coronavirus. An article written in BC Castanet in August 2021 and the Ostrigen product website. It provides information about Dr. Yasuhiro Tsukamoto and his antibody research and can be found at: <https://www.vancouverisawesome.com/highlights/bc-ostrich-farm-developing-antibodies-that-could-put-an-end-to-coronavirus-4216550>
- * First, They Came for the Ostriches.... Will There Be Anyone Left to Speak for You if You Do Not Speak for the Ostriches? A conversation with the Ostrich Farmer and a fierce critic of the United Nations and the World Health Organization at <https://drrimatruthreports.substack.com/cp/156314428>
- * Shut the Barn Door: Every Horse Is a Trojan in Disguise. A thorough explanation of how many of the “agendas” being implemented throughout the country are intended to make global governance a reality at <https://unlockalberta.substack.com/p/shut-the-barn-door-every-horse-is>

We would like to thank Canadian Sharable News for this article and we recommend subscribing to their daily and weekly updates. You can read the original article, which includes a great deal more references on their substack column at: <https://canadianshareablenews.substack.com/p/csn-press-room-bc-ostrich-farm-story>



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The 'Covid Dossier' Shows Covid-19 Was A Global Military Operation & That Canadian Military Intelligence Was Very Much Involved

At Canada Health Alliance our focus is, and always will be, to improve access to better healthcare for all Canadians and part of this includes improving health freedom, informed consent and the ability of Canadians to have and exercise freedom of choice when it comes to healthcare options. Much of this requires the sharing of information and knowledge, which is why we have been so outspoken when it comes to 'alternative' narratives, especially during this strange 'Covid era' that we have recently been through when information and knowledge has been so severely suppressed.

As more and more information and knowledge comes to light about what has happened, and why over the last five years it is deeply troubling to see just how coordinated the whole Covid response was, and this makes us question who was really behind this whole assault, and why?

There have been numerous theories, many of which narrow down to 'the globalists' of the WEF, the United Nations and the World Health Organization. Of course the deeper you go down the rabbit-hole the more you get into the whisperings of the Bilderberg Group, the Thirteen Families of the Illuminati, the Tartarian Mafia and perhaps even the Reptilians from the Draco Galaxy!

Who knows who is really behind this audacious power-grab, but whoever it is has certainly been able to leverage and coordinate much of the world's military intelligence that so effectively locked down the majority of the world's population between 2020 and 2022. Recently published research now brings to light many indisputable facts that all point to this, never before seen level of military coordination, all of which appears to be leveraged specifically to terrify, disempower and subjugate the domestic civilian population of, primarily the world's Western Democracies.

Before considering the question as to why this was done, we should first review the evidence in the dossier itself, specifically as it relates to our own country, Canada.

The Covid Dossier is a compilation of all the evidence that has been amassed over the last three years by independent researchers Debbie Lerman and Sasha Latypova. It provides a detailed record of global military and intelligence coordination of the global Covid event which strongly supports the following claim that Covid was not a public health event, although it was presented as such to the world's population.

It was instead a global operation, coordinated through public-private intelligence and military alliances and invoking laws designed for CBRN (chemical, biological, radiological, nuclear) weapons attacks.

This exhaustive Dossier contains information regarding the military/intelligence coordination of the Covid biodefense response in the U.S., U.K., Australia, Canada, the Netherlands, Germany, and Italy.

For some countries, Lerman and Latypova have extensively documented information. For others, they have some documentation of military/intelligence involvement, but not all the details. For as many countries as possible, they list the military/intelligence agencies in charge of their country's Covid response; dates on which emergency declarations were made in each country; military/intelligence-related agencies and bodies in charge of censorship/propaganda; and top people with military/intelligence jobs who were known or reported to hold leadership positions in the response. They also list connections to global governing bodies, including the EU and the UN / WHO, through which the response was coordinated. In the final section, they provide a list of military / intelligence / biodefense alliances and agreements that provide multinational frameworks for responding to a bioterror / bioweapons attack.

By providing all of this information in one place, Lerman and Latypova hope to dispel the notion that Covid was a public health event, managed independently by each country's public health agencies, with some limited, logistically focused military involvement. They also hope to drive home the shocking realization that not only were military and intelligence agencies in charge of Covid in all of these, primarily Western countries, but the response to what was

represented as a public health crisis was coordinated through military alliances, including NATO.

This should be the subject of front-page news everywhere.

Quote of the Week

"While it is true that all salvation ultimately comes from God, this does not mean that we may simply passively sit around waiting for divine intervention. No, we must cooperate with God's grace through personal commitment, courageous testimony, and the coherent witness of our lives.

Let us therefore begin to make this counter-revolution of common sense our own, rejecting the lies and deceptions of those who seek to subvert the very foundations of the natural law after having trampled on the divine law. Let us defend the family, children, and those who are weak. Let us jealously guard our faith, the civilization built on its foundation, and the traditions of our fathers.

May the Most Holy Virgin of Guadalupe, Empress of the Americas, spread her protective mantle over all of you, dear brothers and sisters, over President Trump and Vice President Vance, and over all those who refuse to retreat in the face of the arrogance of the wicked."

Archbishop Carlo Maria Viganò in a letter released on Sunday, February 2, 2025

warning of the dangers of the Deep State and the Deep Church

WHY THIS INFORMATION IS CRUCIAL

In a detailed post on this in James Roguski's substack he says that, *"it is crucially important to understand that Covid was a globally coordinated response, based on legal frameworks intended for biodefense / biowarfare situations. The attack that initiated the global Covid response could have been real, perceived or invented – regardless of the trigger, the lockdown-until-vaccine paradigm originated in the military / intelligence biodefense playbook, not in any scientifically based or epidemiologically established public health plan."*

This means that nothing about the response – masking, distancing, lockdowns, vaccines – was part of a public health plan to respond to a disease outbreak.

Rather, every aspect of the response was intended to induce public panic in order to gain compliance with biodefense operations, culminating with the injection of unregulated mRNA products, which were legally treated as biodefense military countermeasures (MCMs), into billions of human beings.

Who ordered and directed these operations? Who benefited from them? Who was and still is covering them up? We have been investigating these questions for the last several years, and we hope many who read this will join us moving forward."

THE CANADIAN COVID DOSSIER

Within the broader Covid Dossier, the section on Canada includes the following information and sources:

Military/intelligence agencies and special committees involved in Canada's Covid-19 response:

- 1) Canadian Armed Forces (CAF) Operation LASER 24,000-person response force. See: <https://utppublishing.com/doi/10.3138/jmvfh-CO19-0015>
- 2) CAF Operation VECTOR (vaccine planning and distribution) see: <https://www.canada.ca/en/departement-national-defence/services/operations/military-operations/current-operations/operation-vector.html>
- 3) Cabinet Committee on COVID-19 see: <https://www.pm.gc.ca/en/news/news-releases/2020/03/04/prime-minister-creates-committee-covid-19>

Dates those agencies/committees were publicly known to be in charge:

- 1) January 23, 2020: first Operation LASER planning meeting. See: <https://www.cbc.ca/news/politics/covid-pandemic-canadian-forces-1.6196360>
- 2) March 2, 2020: Operation LASER officially launched
- 3) March 4, 2020: Cabinet Committee officially announced. See: <https://www.pm.gc.ca/en/news/news-releases/2020/03/04/prime-minister-creates-committee-covid-19>

Dates, types and names of unprecedented emergency declarations: In Canada, the emergency declarations were made by the provinces, as follows (see: <https://www.mccarthy.ca/en/insights/articles/covid-19-emergency-measures-tracker>):

- 1) March 13, 2020 Quebec provincial public health emergency
- 2) March 16, 2020 Prince Edward Island public health emergency
- 3) March 17, 2020 British Columbia (BC) public health emergency
- 4) March 17, 2020 Alberta provincial public health emergency
- 5) March 17, 2020 Ontario provincial state of emergency
- 6) March 18, 2020 BC state of emergency under Emergency Program Act
- 7) March 18, 2020 Saskatchewan provincial state of emergency
- 8) March 18, 2020 Yukon public health emergency
- 9) March 19, 2020 Northwest Territories public health emergency
- 10) March 19, 2020 Nunavut public health emergency
- 11) March 20, 2020 Manitoba provincial state of emergency
- 12) March 22, 2020 Nova Scotia provincial state of emergency

Military/IC-affiliated groups involved in messaging/propaganda/censorship:

- 1) CAF began to gather intelligence on pandemic disinformation in January 2020. See: <https://www.cbc.ca/news/politics/covid-pandemic-canadian-forces-1.6196360>

- 2) Canadian Joint Operations Command (CJOC). See: <https://ottawacitizen.com/news/national/defence-watch/military-leaders-saw-pandemic-as-unique-opportunity-to-test-propaganda-techniques-on-canadians-forces-report-says>
- 3) Canadian military intelligence unit - Precision Information Team (PiT). See: <https://ottawacitizen.com/news/national/defence-watch/team-with-canadian-military-intelligence-unit-data-mined-social-media-accounts-of-ontarians-during-pandemic>

Key figures in Covid response linked to the military, the IC, the United Nations and the WHO

- 1) Bill Blair
- 2) Crystia Freeland. See <https://www.civilianintelligencenetwork.ca/2022/02/23/chrystia-freelands-nazi-history/>
- 3) Brian Santarpia. See: https://en.wikipedia.org/wiki/Brian_Santarpia

Now, while on the subject of the Canadian Armed Forces, over the last five years according to an internal study, our Canadian military has become rather fat and unfit.

Postmedia recently reported that according to this internal study, 72% of Canadian Armed Forces (CAF) members are either overweight or obese. Around 78% of men in the military were classified as obese or overweight (yes, that is almost four out of every five of our apparently 'combat ready' soldiers!). Shockingly this rate of obesity in the military is 10% higher than in the general Canadian male population.

Although there has been much criticism that the Trump Administration is moving too quickly to root out corruption within the American 'Deep State' and that his focus on 'draining the swamp' is going to be too disruptive, it seems that if you are going to move against corruption you need to move quickly.

You have to wonder if this is because they have been sitting behind their computer screens eating donuts while carrying out psychological and propaganda campaigns against us 'We, the People,' instead of protecting our borders and defending Canada against our foreign enemies.

Based on the Covid Dossier and the increasing body fat ratio of our military personnel, a general reevaluation of our once proud Canadian military seems to be well-overdue.

If our armed forces are to truly 'stand on guard for thee' it is clearly time for a complete overhaul of leadership, training and priorities. Going forward we also need to be sure that they are here to actually protect Canadians instead of working against us for some nameless globalist controllers, who, according to some studies, could well include the Chinese Communist Party that Trudeau so admires.

Hopefully Donald Trump's moves to reform the US Military will rub off on us here in Canada, especially once we have a new government in place, hopefully by the middle of this year.

Sources for this article include:

<https://rumble.com/v6gr2g4-the-covid-dossier.html>
<https://jamesroguski.substack.com/p/the-covid-dossier>
<https://debbielerman.substack.com/>
<https://sashalatyova.substack.com/>
<https://www.westernstandard.news/news/the-few-the-brave-the-rotund-report-finds-72-of-canadian-forces-members-overweight/61725>

The logic is that you need to cut out the rot as fast as possible before it spreads, hides or dissipates. And now that we are getting to see just how much corruption there is, the scale of this task is monumental, which is why the confirmation of people like Robert Kennedy Jr, Kash Patel and Pam Bondi is so important.

RFK Jr. has vowed to clean up the US Department of Health and Human Services which includes the CDC, the FDA, the the NIH. These various divisions with the Public Health Service set most of the health policies, and they are currently under the spotlight for setting policies that have been "influenced" by political and commercial "sponsors" and which have not been necessarily in the best interests of public health.





Video of the Week

Whistleblower Exposes Widespread Hospital Corruption During Covid-19

Today's 'Video of the Week' is an interview with whistleblower Shane Claytor, a former Navy Corpsman, Iraq War Veteran, and ICU nurse, who has worked inside both the VA and private healthcare systems. Shane has seen firsthand how hospital policies, corporate interests, and government mandates have compromised patient care. In this captivating discussion, Shane reveals:

- * The stark contrast between private hospitals and the VA system during the early days of COVID-19, including the lack of preparedness in private facilities and the bureaucratic dysfunction in government-run hospitals.
- * The suppression of dissent within the VA, where speaking out against questionable policies—such as excessive isolation, improper use of ventilators, and the sidelining of early treatment options—led to retaliation, including an investigation that sidelined him for seven months.
- * The failures of COVID-19 protocols, including the widespread use of remdesivir, which he and other healthcare professionals observed was linked to kidney failure. He compares outcomes

at the VA, where the drug was heavily administered, to other hospitals that used it more sparingly and saw far fewer complications.

- * The toxic culture within healthcare institutions, where unvaccinated patients were stigmatized, and doctors failed to physically assess COVID-19 patients, relying instead on remote decision-making, which harmed patient care.
- * His personal journey of witnessing the effects of government mandates, corporate influence, and media-driven misinformation, leading him to advocate for healthcare reform and transparency in medical protocols.
- * His advocacy for VA healthcare reform, as he believes the system is deeply flawed and requires urgent intervention, especially with potential policy shifts under a new administration.

To watch Nicolas Hulscher's very revealing interview on the McCullough Foundation's Courageous Discourse substack click: <https://petermcculloughmd.substack.com/p/va-whistleblower-exposes-widespread>

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