



This article is from the Saturday January 11, 2025 edition of the Canada Health Alliance Weekly Report

## How DMSO Eliminates 'Incurable' Pain

DMSO is an abbreviation for Dimethyl sulfoxide.

According to a 2012 paper published by the National Library of Medicine, *"Dimethyl sulfoxide is a colourless liquid derived as a by-product from wood pulp in the production of paper. This colourless liquid has useful properties as a penetration-enhancing solvent and active anti-inflammatory pharmaceutical agent."*

This basically means that for more than a couple of decades now, DMSO has been known for its remarkable capability to treat and manage pain, leading the well-known 'Midwestern Doctor' to recently claim that DMSO is now poised to *"revolutionize the practice of medicine."*

In an article published at the end of September 2024, the Midwestern Doctor said that *"DMSO is a miraculous therapy for chronic pain and musculoskeletal injuries."*

The article goes on to say that... Decades of research have demonstrated DMSO treats a wide range of illnesses. However, while DMSO often produces remarkable results for those conditions, it is best known for its use in treating pain. This is because:

- 1) The response it creates is rapid and dramatic.
- 2) It accelerates the healing of acute and chronic injuries linked to chronic pain, and
- 3) It also helps chronic rheumatic diseases like arthritis.

Drugs like NSAIDs and opioids are linked to severe side effects, including tens of thousands of deaths each year. NSAIDs cause heart, kidney, and stomach damage, while opioids carry addiction and overdose risks.

In contrast, DMSO has demonstrated remarkable safety for over 60 years without a single death reported. Its side effects, most commonly mild skin irritation or a garlic-like odour, are minor and temporary. Even at doses 30 times higher than normal, studies show no toxicity. DMSO's unique combination of safety, efficacy, and versatility makes it a transformative option for pain relief and injury recovery — proving that effective medicine doesn't have to come with dangerous trade-offs.

In addition to rapidly treating injuries or autoimmune conditions (which are often the root cause of pain) DMSO's have a few therapeutic properties that make it uniquely suited to safely treat a wide variety of pain conditions. These pain-relieving properties include:

- Conduction blocking: The five most common symptoms of Covid vaccine injuries, in order, are fatigue, post-exertional malaise, brain fog, small fibre neuropathy, and dysautonomia. DMSO selectively blocks the conduction of the small fibres, thereby stopping pain without causing significant damage to the rest of the body.
- Choline esterase inhibition.

- Anti-inflammation,
- Muscle relaxation, and
- The enhancement of Circulation. DMSO does this by removing blood clots and increases blood circulation which eliminates the pain associated with blood clots. One of the most common side effects of vaccinations is the fact that they cause the development of tiny blood clots, which trigger micro-strokes throughout the body.

As opioids are seen as the “gold standard” for pain control, there is very little awareness of research showing that a comparable analgesic exists. Yet it does: A 1983 study found that DMSO produced an analgesic effect comparable in strength to morphine. DMSO did not produce any of the side effects seen with opioids, and DMSO's effect lasted far longer (4 to 6 hours and in some cases over 24 hours — whereas in contrast morphine typically lasted less than 2 hours).

Another study confirmed that DMSO blocks pain. However, unlike other analgesics (pain killers), DMSO has a variety of unique properties. These include:

The treatment of a very wide range of pain conditions, including those that other analgesics can't address.

Rather than the body developing a resistance (which is what commonly happens with opioids), DMSO often becomes more effective at eliminating pain with subsequent doses, and in many cases, is needed less and less frequently (or not at all because the condition is resolved). In many cases, as is seen with other applications of DMSO, due to DMSO rapidly spreading throughout the body, the effect is systemic. Because of this, DMSO has been found to help a wide range of pain conditions, including headaches, fibromyalgia, spinal pain, complex regional pain syndrome (CRPS), cancer pain and surgical pain.

The Midwestern Doctor concludes the article by saying that, “Since the pharmaceutical industry revolves around indefinitely selling pills that

temporarily "treat" an illness, pain is one of its most coveted markets.

DMSO's remarkable ability to safely eliminate pain provides some of the most substantial proof that effective therapies are being deliberately withheld from us to protect the medical monopoly.

Fortunately, the internet's rapid dissemination of information which challenges prevailing narratives, and the unprecedented ascendancy of Make America Healthy Again has created a window of opportunity to break this medical monopoly. As such, the results many are now having from DMSO are providing critical first hand experiences that will open eyes to the dysfunctional medical paradigm we are stuck within, and I am immensely grateful to see that this is happening in my lifetime."

To read the original full article as published by the *Midwestern Doctor* click: <https://www.midwesterndoctor.com/p/dms0-is-a-miraculous-therapy-for>. This original goes into a lot more detail about the pain reduction mechanism of DMSO on each of the above noted pain conditions.

We also recommend that you read Dr. Mercola's reposting of this original article with his own additions and observations on it at: <https://articles.mercola.com/sites/articles/archive/2025/01/03/dms0-chronic-pain.aspx>

Other sources for this article include:

<https://pmc.ncbi.nlm.nih.gov/articles/PMC3460663/>  
<https://www.midwesterndoctor.com/p/dms0-could-save-millions-from-brain>  
<https://pmc.ncbi.nlm.nih.gov/articles/PMC6707402/>  
<http://chiropracticcorona.net/wp-content/uploads/2012/09/The-Human-Toxicology-Of-Dimethyl-Sulfoxide.pdf>  
<https://pubmed.ncbi.nlm.nih.gov/5784135/>  
<https://pubmed.ncbi.nlm.nih.gov/14329978/>  
<https://pubmed.ncbi.nlm.nih.gov/5944852/>

#### **DISCLAIMER:**

*Canada Health Alliance is not responsible for the content of this article and makes no medical claims or assertions. It is presented purely for information purposes and should not be taken as medical, nutritional or legal advice.*



To become a member of Canada Health Alliance and receive our highly acclaimed and very informative Weekly Report which includes numerous topical and timely articles like this please visit our website at [www.canadahealthalliance.org/join](http://www.canadahealthalliance.org/join) or email us at: [info@canadahealthalliance.org](mailto:info@canadahealthalliance.org)