

*This is the Canada Health Alliance Weekly Report published on Saturday May 17, 2025*

## Executive Director's Message

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Happy Victoria Day long weekend! This is a time for us to enjoy the warmer weather, engage in outdoor activities, and spend time with family and friends, marking the unofficial start of summer.

Traditionally Victoria Day long weekend has also involved quite a bit of drinking. However, given the circumstances we now find ourselves in, I hope you are able to enjoy the holiday in a way that recharges and refreshes not just your thirst, but your mind, body and soul.

Much like the three legs of a pot, all three of these areas, mind, body and soul, are critical for your overall wellbeing and need to be carefully balanced and aligned. Unfortunately in the name of political correctness our healthcare system has resolutely ignored spiritual health over the last two or three decades, which has likely added to our psychological stress, and, in turn, impacted our physical health. Yet, mind, body and soul are all interconnected and, no matter what your religious beliefs or spiritual awareness, spiritual health is as important as physical and

physiological health, and should certainly be treated as such.

As we learn more about ourselves as sentient beings we come to realize that we are in fact pure spirit that is just comprised of vibrational frequency and energy. This is now proven scientific fact as confirmed by the conclusions of quantum mechanics.

Hence it stands to reason that if we want to heal ourselves and improve our functionality to be able to basically feel better we need to enhance our vibrational frequency and energy. This is why we respond so well to things like being in nature, communing with animals, being grounded with invigorating sunshine, listening to soothing music and meditating and praying.

These are the things that restore not just the soul, but also the mind and the body, and it is this integrated approach to our own individual health and healthcare that we are anticipating and working towards so that we can each reclaim our well-being and rekindle our life force and our vibrancy.

Alan Brough

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# Wins of the Week

There have been lots of wins this week, and the following is just a shortlist of some of the big ones...

- 1) In a landmark decision issued this week (*Yee v WestJet*, 2025 ABCJ 87), an Alberta woman has won a first-of-its-kind case in the area of covid vaccine mandate terminations. An Alberta judge ruled in favour of the Plaintiff, a former WestJet employee, that it was unlawful for an employee who was working from home to be terminated with cause for not taking the Covid shots. The judge also ruled WestJet acted unlawfully in refusing to accommodate the employee on the basis of her religious inability to take the shots. This is the first court decision of its kind in the country and a precedent-setting legal victory that will positively impact many other similar cases that are still pending, including several others brought by the same firm that won this case. That firm is Kitchen Wells LLP, founded by lawyer and CHA supporter, James Kitchen. His partner, Jody Wells was the lawyer who won the case against WestJet. On behalf of all CHA members we would like to congratulate the outstanding team at Kitchen Wells LLP. To read the full case ruling see: <https://www.canlii.org/en/ab/abcj/doc/2025/2025abcj87/2025abcj87.html>
- 2) In what has been hailed as “the biggest shake-up in American healthcare history”, on Monday Donald Trump signed an Executive Order which could reduce the cost of pharmaceutical drugs in the USA by up to 90%. Upon signing the order, Trump said, *“Starting today, the United States will no longer subsidize the health care of foreign countries... And [we] will no longer tolerate profiteering and price gouging from Big Pharma,”* According to Dr. Oz, *“This is the most powerful executive order on pharmacy pricing and healthcare ever in the history of our nation.”* To read more about this, and how it might impact the prices we pay for drugs here in Canada see our article below...
- 3) On Monday Albertan Premier Danielle Smith announced that Alberta will be freezing its level of carbon pricing on industry at \$95 per ton of carbon emissions, and that the cost of business has already become “too high to bear.” She said that this unpopular federal tax will “never” go above \$100 per ton of carbon emissions. This follows Saskatchewan which announced back in March that they would become completely ‘Carbon Tax-Free.’ Hopefully the issue of carbon-tax and the rebellion of the prairie provinces will force Carney to think twice about raising this imposition any further, even though he is

widely expected to try. In fact this move by Danielle Smith, which intentionally strikes at the very heart of Carney's entire campaign platform, is widely expected to trigger another round of escalating tension between Alberta and Ottawa that will test Carney's ability to effectively negotiate – or not.

- 4) In the same vein, Premier Doug Ford announced his intention to make the carbon tax gas tax reduction permanent during a press conference on May 13, saying his administration is proposing legislation in the 2025 budget that, if approved, would result in an annual savings of \$115 for the average household in Ontario.
- 5) According to the Wall Street Journal, the Trump administration—under the leadership of HHS Secretary Robert F. Kennedy Jr.—is preparing to end routine CDC recommendations that pregnant women, teenagers, and children receive Covid-19 vaccines. This decision, expected to be announced in the coming days, represents a long-overdue departure from current ill-advised CDC guidance, which still urges vaccination for everyone aged six months and older, including during pregnancy. It will be interesting to see how long it takes once this recommendation is dropped in the US for Canada to follow suit.
- 6) The state of Kansas can sue Pfizer in state court for misleading the public about the safety of their Covid-19 vaccines, a federal judge ruled on Wednesday. Pfizer tried to keep the case in federal court, arguing that the Public Readiness and Emergency Preparedness Act (PREP Act), which shields Covid-19 vaccine makers from liability for injuries caused by the vaccines), “*completely preempts*” consumer protection claims made by the state of Kansas. Ray Flores, senior counsel for Children's Health Defense (CHD), called the ruling a “*major victory*” and is one more step towards finally overturning the disastrous PREP Act and holding vaccine manufacturer's accountable for all the harms their dangerous products have caused, especially to children.
- 7) Last week Dr. Vinay Prasad, a hematologist-oncologist and outspoken critic of COVID-19

vaccines for children and the government's response to the pandemic, replaced Peter Marks as the director of the Center for Biologics Evaluation and Research (CBER), the federal agency that oversees vaccine approval. The news sent Moderna and other pharma stocks sliding. Moderna's stock dropped 11%, while Pfizer fell by 3%. Stocks of smaller gene therapy companies such as Sarepta Therapeutics fell by as much as 27%. CBER, which operates under the US Food and Drug Administration (FDA), oversees the approval and regulation of vaccines, gene therapies and other biologic drugs. Prasad's predecessor, Marks, oversaw Operation Warp Speed and the development and approval of the COVID-19 vaccines. Prasad, a professor of Epidemiology & Biostatistics at the University of California, San Francisco, has authored over 500 scientific articles and two books. In 2022, he and newly confirmed FDA Commissioner Marty Makary co-authored an essay in The BMJ calling universal COVID-19 booster mandates “*unethical*.”

- 8) Florida Gov. Ron DeSantis has said that he will sign a bill banning the addition of fluoride to public drinking water, making Florida the second state to end the practice. The ban will take effect July 1. Senate Bill 700, known as the “Florida Farm Bill,” passed the state House two weeks ago by 88 votes for and 27 against. The bill prevents “*the use of certain additives in a water system*.” In a press conference, DeSantis said Florida is ending fluoridation because, “*When you do this in the water supply, you're taking away a choice of someone who may not want to have overexposure to fluoride*.” He said research shows the chemical has serious negative health consequences for children and pregnant women. “*We don't want local governments unilaterally injecting a chemical into the water supply and exposing people to potentially harmful side effects*,” he added. He also said people can add fluoride to their water at home if they want to.

*If you have any personal, local or national wins that you think we should share and celebrate please email then to me at [alan.brough@canadahealthalliance.org](mailto:alan.brough@canadahealthalliance.org)*

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## **Will Trump's Executive Order On Pharmaceutical Drug Pricing Reduce or Increase The Cost of Medication For Canadians?**

Love him or hate him, Donald Trump is certainly a disruptor who is clearly taking on and reforming so many of the predatory 'norms' we have all come to accept as simply inevitable.

On Monday he did what every other US politician only talked about—he took a sledgehammer to Big Pharma. With the stroke of a pen, he signed an executive order that could slash drug prices in the United States of America by as much as 90%.

Obviously this is fantastic for the American public who will save a lot of money (especially given how many prescription drugs they are on!!), and, if not more significant, it will be a real body-blow to the obscene level of profit

that these drug manufacturers have been making year-after-year off the American 'cash cow' that has been subsidizing the rest of the world.

*"Starting today, the United States will no longer subsidize the health care of foreign countries, which is what we were doing," Trump said. "We were subsidizing others' health care; countries where they paid a small fraction for the same drug that we pay many, many times more for."*

According to the Vigilant Fox, *"This wasn't just about reining in corporate greed. Trump laid it out clearly: this was a global scam, and America was the one footing the bill."*

But Trump also made it clear that he is not happy with the Big Pharma corporations, stating that, *"We will no longer tolerate profiteering and price gouging from Big Pharma. For the first time in many years, we'll slash the cost of prescription drugs and we will bring fairness to America."*

When asked how much cheaper he would like to see the price of patented drugs, based on the level of subsidization he said, *"between 59 and 80, and I guess even 90%."* For life-time drugs that could make a huge difference to the affordability for struggling families.

The famous Dr. Oz was in the Oval Office when President Trump signed this order and he said, *"This is the most powerful executive order on pharmacy pricing and healthcare ever in the history of our nation."* He went on to explain how Americans were stuck paying five to ten times more than Europeans for the exact same drugs. He said Trump's plan will force other countries to start paying their fair share.

NIH Director, Jay Bhattacharya, (who was one of the original authors of the Great Barrington Declaration and has been a long time critique of the Covid mandates) explained the economics behind the scam. *"One thing that's really, really simple in economics is that when you have a persistent price difference for the same product between two countries, there's something deeply wrong."*

Most commentators have pointed out how drugs prices in Europe are dramatically cheaper than in the USA and that as a result of this Executive Order and all the negotiations that will come of it, the European Union will see a significant increase in their drug retail prices. However, it might be the same for us here in Canada where medication is reputed to be noticeably cheaper than in the United States, or at least that is the American perception. If this is true, this means that we have also been benefiting from this global subsidy, which will be abruptly withdrawn over the next 30 to 90 days.

Yet, according to business analysts, the cost of patented drugs in Canada are actually amongst the highest in the world.

A national poll conducted by Leger just over a year ago confirmed that nearly one-quarter of Canadians (22%) have reported splitting pills, skipping doses, or deciding not to fill or renew a prescription due to the cost. The polling also found that 1 in 10 Canadians (10%) with chronic conditions have ended up in the emergency room

due to worsening health because they were unable to afford prescription medications.

*"Too many loved ones are carrying a heart-wrenching secret: they can't afford to pay for critical prescriptions,"* says Doug Roth, Heart & Stroke CEO. *"It may not be you today, but if you know four people, there's a strong chance you know someone who is making risky tradeoffs because they don't have prescription drug coverage. It's time for the federal government to step up and change that with national pharmacare."*

Yet, on all accounts, this issue of addressing the exorbitant cost of patented drugs in Canada is much more complicated than it initially appears, and successive governments have failed to control the rampant 'drug inflation.'

In free-market, capitalist-based economic systems the principle is that prices are set by demand, quality and accessibility, all of which vary by region, economics and affordability. That is not how drug prices have been determined in Canada. Drug prices are set in Canada and many other countries, especially European countries, by the Patented Medicine Prices Review Board (PMPRB) who set retail prices to "better reflect true international market drug prices." Obviously this little known fact smacks of cartel-style price fixing which is not driven by normal market forces that you would expect such as supply and demand.

This explains why the government has failed to control drug prices. The last serious effort to control drug prices was back in mid-2017 with the policy document called Protecting Canadians from Excessive Drug Prices which was a series of amendments to the Patent Medicine Regulations proposed by former health minister, Jane Philpott, who said at the time (eight years ago now!) that *"Canadians are paying too much for prescription drugs."* Sadly that initiative died along with Philpott's political career when she clashed with Trudeau and was banished from the Halls of Power.

Since Philpott's era the government has invested \$140.3 million over five years to help reduce drug retail prices in Canada, including the modernization of the pricing framework under the PMPRB. If successfully implemented (and of course that is a very big 'if'), these changes could result in substantial price reductions for medications.

However, the pharmaceutical industry has been mobilizing to prevent these changes

from taking effect, as this Canadian initiative alone could reduce Pharmaceutical industry revenues by as much as twenty six billion dollars over the next ten years. *“Drug companies understand very well what's at stake, and they're massively mobilizing to make sure nothing happens,”* said Marc-André Gagnon, a pharmaceutical policy researcher at Carleton University.

So, given all these dynamics, the question is whether the price of patented drugs in Canada will go up or down as a result of Trump's bold move against Big Pharma and their army of political lobbyists.

At this early stage analysts are undecided with some claiming that the reduction in drug costs in the US is expected to lower drug prices in Canada. However, if drugs in Canada have been subsidized in any way by the over-charging of Americans, then we will have to pay for the shortfall.

As we consider the implications of this looming drug affordability crisis it is worth noting that many health commentators believe that North Americans (being both Canadians and Americans) are generally ‘over-dosed’ and on average consume significantly more prescription drugs than people in other countries (especially Third World and developing countries). We need to carefully consider if this level of drug consumption is really necessary.

If the retail prices go up significantly it might be worth seriously researching the drugs you take and their side effects and exploring perhaps generic or natural supplement options instead, along with other lifestyle changes that can help improve health naturally. For example, most cases of Type 2 Diabetes can be dramatically improved through a carefully managed diet and physical exercise.

Hopefully it will also force Health Canada to reconsider their war against natural health products which generally provide much more affordable options with fewer negative side-effects. Sadly, as Health Canada is influenced by Big Pharma lobbyists whose goal is to squeeze out competition, this option is unlikely. However, it is up to us as consumers to start taking greater control of our health and our own healthcare decisions, and what better time to start exploring these options when traditional pharmaceutical drugs are being priced out of reach.

As with all things to do with our health, it is all about perspective and allowing these

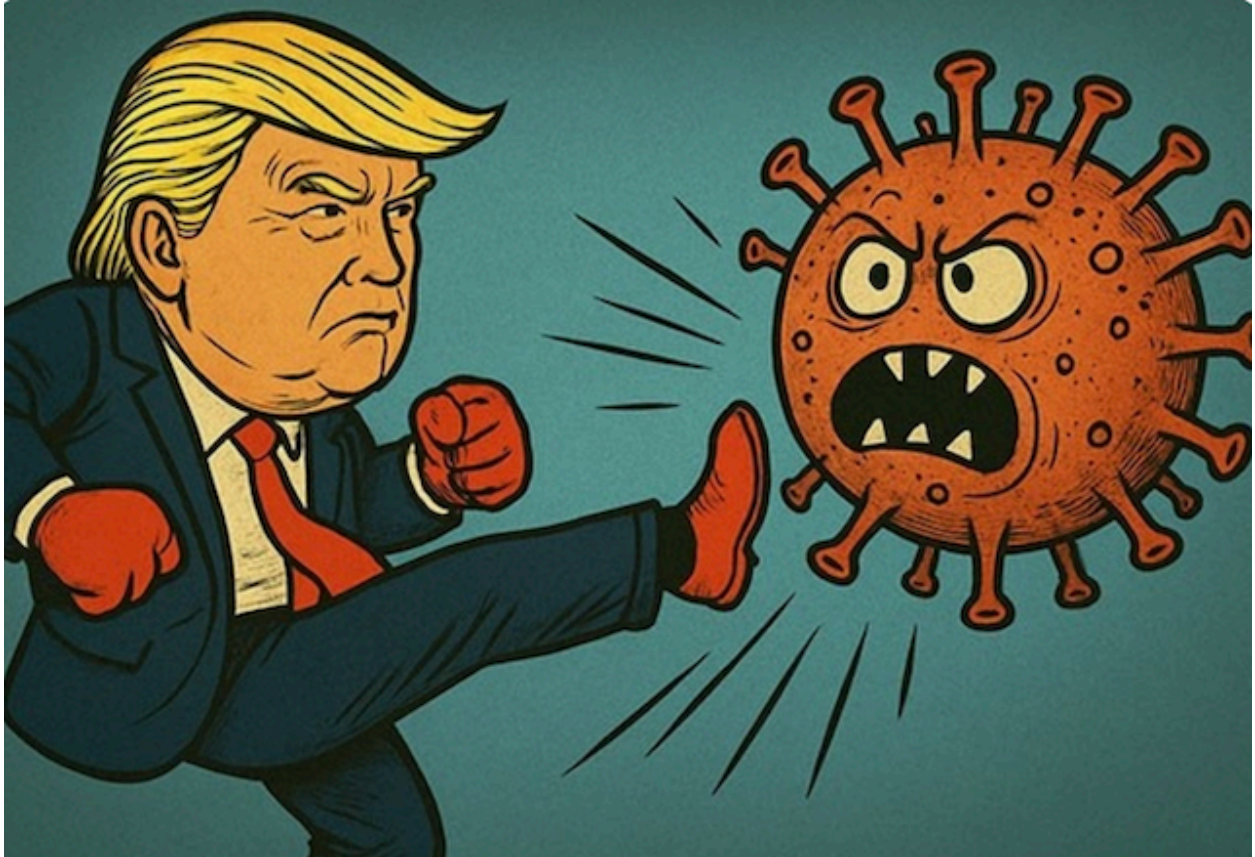
changes and challenges to show us new options and opportunities. To get you started, check out our Book of the Week ‘Forgotten Home Apothecary : 250 Powerful Remedies at Your Fingertips’ below...

Sources for this article include:

- <https://www.vigilantfox.com/p/rfk-jr-says-trump-just-did-what-no>
- <https://www.reuters.com/business/healthcare-pharmaceuticals/trump-says-he-will-cut-drug-prices-by-59-2025-05-12/>
- <https://www.nbcnews.com/health/health-news/trump-executive-order-prescription-drugs-price-match-rcna206218>
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- <https://www.kff.org/medicare/issue-brief/explaining-the-prescription-drug-provisions-in-the-inflation-reduction-act/>







*Graphic with thanks to David Sorensen and Stop World Control*

## Is Trump Preventing The Next Pandemic?

Clearly, by the result of the last election we've just gone through, Donald Trump is a highly polarizing figure for Canadians, and obviously many, especially those in the Boomer age demographic, see him as a huge threat.

This is hardly surprising given the relentless mass media propaganda campaign that has been waged against Trump and which has been gnawing away at everyone 24/7 since he announced his candidacy more than ten years ago now.

However, if we have learned one thing from the Covid-era, it is that we can't trust the media, and that the truth is often at polar odds to the 'narrative' we are served up by the legacy media and their globalist puppeteers.

However, for those of us who immediately rejected the Covid story and the imposition of the untested vaccines, we have always been reticent about Trump because he was behind the whole Operation Warp Speed campaign and actively promoted the vaccines. Consequently, it is easy for us to be concerned by reports of him now making Bird Flu vaccines available and seemingly accommodating Big Pharma.

Yet, maybe it is all just politics. Politics is an absolute game of deception, where you negotiate what you want, not through authenticity and transparency, but through a complex dance of concessions, flattery, veiled threats, distractions and every other possible form of leverage you can get. Although Donald Trump is not a politician (or at least didn't start out as one),

reading his book 'The Art Of The Deal' he very much understands the game of negotiation and getting what he wants, and he does this through political instinct and highly honed business acumen.

So, the question we all ask ourselves, especially when we read the reactionary headlines from both extremes of the political spectrum, is whether Trump really is on our side, and, more importantly is he really trying to prevent the next pandemic?

According to David Sorensen of Stop World Control, the answer is a very definite yes.

In a compelling article he published on Wednesday entitled, 'Trump IS preventing the next pandemic', he writes...

In order to prevent a repeat of 2020, President Trump has taken decisive actions to safeguard a better future for humanity. He made sure that organized plandemics and their ensuing tyranny are a thing of the past.

### **A SUPER DEADLY SECOND PLANDEMIC**

The elites refused to abandon their plans and have repeatedly announced their next plandemic. The WHO made it clear that the next plandemic will be bird flu with a death rate in humans of 45% - 80%. Bill Gates is repeatedly caught on video grinning shamelessly whenever he discusses this.

### **ONLY A VACCINE CAN STOP IT**

As we all learned during the first plandemic, the WHO and the entire world accept only one thing to end a plandemic. Not a cure, not a treatment - nothing but one thing only: a vaccine. So what did Trump do? He struck at the heart of their plan with strategic precision...

### **TRUMP RELEASED A BIRD FLU VACCINE**

While the WHO and the evil elites push for the next plandemic, threatening even worse worldwide lockdowns than before, Trump did the one thing that can stop their bird flu agenda: he released a vaccine for it.

### **NO MORE VACCINE MANDATES**

At the same time, Trump ordered the complete removal of all vaccine mandates, ensuring this

injection will only be taken by people who demand it. Nobody has to take this against their will.

### **VACCINE ADVERSE EVENTS DATABASE**

RFK Jr. is reforming VAERS to improve reporting of vaccine adverse events. He's also increasing vaccine testing to reveal potential damage before release. Additionally, he's emphasizing informed consent, ensuring everyone knows the risks of vaccines.

Trump's strategic offensive against the plandemic planners continues with even more decisive actions...

### **NO MORE GAIN OF FUNCTION RESEARCH**

Trump has restricted all gain of function research, so no biological weapons can be made in the future. This effectively ends the elites' plans to release a series of plandemics.

### **USA REMOVED FROM WHO**

Trump removed the USA from the WHO, so they can no longer impose their tyranny onto the American people. China, Russia, India, and Brazil followed Trump's example and refused to sign the pandemic treaty, which would have given the WHO full authority over nations to impose their devastation. Thanks to Trump, the five largest nations in the world refuse to be ruled by the WHO, further dismantling their plandemic agenda.

### **USAID CAN NO LONGER FUND PLANDEMICS**

Trump ended USAID, which funded bioweapon research, political corruption worldwide, and mass mind control through the news media. Trillions of dollars of American taxpayer money were used to fund the first plandemic. That funding has now been completely cut off, preventing future manufactured crises.

### **CIA CAN NO LONGER ORGANIZE A PLANDEMIC**

Trump is purging the CIA, FBI, DOJ, DOD, DHS, and all other agencies that were weaponized by the satanists to execute their diabolical plans. The first plandemic was orchestrated by the CIA, which is now impossible going forward.



## **Trump Ends Censorship, Allowing Truth To Flow Freely**

The most important aspect of a successful plandemic is censorship. Only when truth can be suppressed, can the false narrative of the elites deceive mankind. Trump has ended censorship, so the truth about a second plandemic will spread unhindered, exposing it to the whole world as a scam.

## **MEDIA MONOPOLY BROKEN**

Trump has ended the monopoly of the news media, breaking the cycle of mass mind control. He has exposed legacy media as fake news and is fostering new, independent media outlets not controlled by corrupt elites.

## **Trump Empowers The People To Never Fall For It Again**

The final phase of Trump's plan goes beyond just stopping the plandemic - it's about empowering humanity to never fall victim to such schemes again and restoring true freedom...

## **BETTER EDUCATION TO EMPOWER THE PUBLIC**

Trump is making high-quality education accessible to everyone through the online American Academy, which will be free of charge. This initiative aims to end the era of an underdeveloped American public, equipping citizens with stronger intellectual capabilities to stand up against the indoctrination of the elites.

## **CHILDREN FREED FROM MIND CONTROL**

Trump has dismantled the Department of Education, ending what many consider systematic brainwashing of American children with globalist, woke, pro-tyranny ideologies. Children will now receive enhanced education, making them less vulnerable to blindly following unreasonable rules.

## **MORE PRINCIPLED LEADERSHIP**

Trump is purging corruption from the US government, which will prevent the kind of leadership needed to push more plandemics. More righteous leaders are being positioned to

champion truth and promote the genuine well-being of citizens.

## **LESS SATANISM, MORE CHRIST**

Trump is bringing Jesus Christ back into American society. This reverses the trend of increasing satanism and reconnects America with the Creator, who empowers people to overcome evil forces.

## **The End Of An Era Of Evil And Birth Of A Better World**

This represents just the beginning. Trump and those supporting him are taking strategic action to end an era of extreme evil and usher in a new period of hope and restoration.

David Sorensen

Clearly, David Sorensen is more of a Trump-fan than most Canadians (and he understands the importance of spiritual wellness), but he does make some good points, and when we consider them altogether we can better see the Big Picture strategy to disempower the globalist agenda. Through, seemingly contradictory policies, President Trump is changing the momentum and ultimate destiny of Western Democratic society which, over the last two decades has suffered a steady (and intentionally coordinated) decline in community spirit, empathy and morality.

It is time to reverse this trend and to break the status quo.

Perhaps for all his faults, Trump might have the strength, the single-mindedness and the political smarts to do it – we just need to always look beyond the headlines and keep focused on the Big Picture and the long-term goal.

We would like to thank David Sorensen of 'Stop World Control' for this article.

We would recommend visiting <https://stopworldcontrol.com/> to access his vast library of articles, information and documentaries.





## Latest Additions To The CHA Library

We have been busy saving and uploading articles to our information library over the last few weeks and some of the new articles we have saved into our archives are as follows:

- Will Canada face a drug shortage due to the tariff war? - <https://canadahealthalliance.org/drug-shortage-due-to-tariff-war/>
- Autism rates soar by another 16% - <https://canadahealthalliance.org/autism-soars-by-16/>
- Home remedies for the measles - <https://canadahealthalliance.org/measles-home-remedies/>
- Chlorine Dioxide, the universal antidote - <https://canadahealthalliance.org/chlorine-dioxide-universal-antidote/>
- Covid-19 Boosters trigger a surge in deaths - <https://canadahealthalliance.org/c-19-boosters-trigger-death-surge/>
- Dramatic rise in health issues amongst airline pilots after taking the Covid jab - <https://canadahealthalliance.org/pilot-post-vax-health-issues/>
- Too much wi-fi screen-time is causing 'Digital Dementia' in children - <https://canadahealthalliance.org/digital-dementia-in-children/>
- How Your Mind Influences Your Health, From Simply Losing Weight To Tackling Cancer - <https://canadahealthalliance.org/mind-over-health/>
- What is the NNT number of your drugs, and why you need to know it! - <https://canadahealthalliance.org/nnt-drug-number/>
- More research proves that the Covid-19 Vax is extremely dangerous for pregnant women - <https://canadahealthalliance.org/c-19-vax-dangerous-for-pregnant-women/>
- How Much Of A Role Does Corruption And Greed Have On Our Health And Our Life Expectancy? - <https://canadahealthalliance.org/corruptions-impact-on-health/>
- Alberta Government Issues Covid-19 Task Force Report & Demands Immediate Withdrawal of All Covid-19 'Vaccines' - <https://canadahealthalliance.org/alberta-government-issues-covid-19-task-force-report-demands-immediate-withdrawal-of-all-covid-19-vaccines/>
- How DMSO eliminates pain - <https://canadahealthalliance.org/dmso-eliminates-pain/>
- FOLLOW THE MONEY: The FDA Approves Yet Another Covid Jab For 'Emergency Use' – But There's NO Emergency & The Variant It Is Targeting Is No Longer Dominant! - <https://canadahealthalliance.org/fda-approves-another-c-19-jab/>
- Was 'The Pox' Virus Embedded Into The Covid-19 Shots To Weaken Public Immunity & Prime Us For This Mpox 'Outbreak'? - <https://canadahealthalliance.org/mpox-added-to-the-jabs/>

We hope you find these CHA-written and researched articles interesting and informative and if you do we would encourage you to share them with your friends and family.



## **Free Stuff and Great Discounts Are All Part of CHA Membership!**

And you don't have to be a healthcare practitioner to be a member of CHA!

50% of our members are healthcare practitioners, but the other 50% are just ordinary people who aren't health professionals. But they all care about improving the quality of our healthcare and helping CHA establish a parallel system for the benefit of all Canadians. YOU would be very welcome!

When you become a paid member of Canada Health Alliance you also get plenty of great benefits including:

- **A FREE** copy of Dr. Code's book 'Solving the Brain Puzzle' NOW AVAILABLE in either ENGLISH or FRENCH!
- **A FREE** copy of Michel Chossudovsky's new book 'The Worldwide Corona Crisis. The Global Coup d'état Against Humanity.'
- **PARTICIPATION IN** CHA's Verification Program.
- **FULL VOTING RIGHTS** at our CHA Annual General Meeting.
- **MORE than 20% off** the cost of any CHA New Health Series educational workshops and seminars.
- Access to a private and CHA verified supplier of **genuine Shungite, PLUS A 10% DISCOUNT** on all your Shungite purchases.
- **THE NEXT 52 EDITIONS** of this highly informative weekly newsletter, and
- And **YOU WILL GET 15% off** your Energy Enhancement System scalar energy sessions at the 13 participating Canadian EES centres.

**To become a member of Canada Health Alliance please fill in the subscription form on our website at:**  
**<https://canadahealthalliance.org/join/>**

# Book of the Week

## **Forgotten Home Apothecary : 250 Powerful Remedies at Your Fingertips by Dr. Nicole Apelian**

This natural home remedies book gives you a 250-remedy Apothecary in your own home, ready to help you whenever you are in need.

The book is written by Dr. Nicole Apelian, an expert herbalist with over 30 years of hands-on practice in healing with herbal remedies.

The first thing you'll see when you open this natural medicine book is your new Apothecary—250 remedies, organized on shelves for specific ailments.

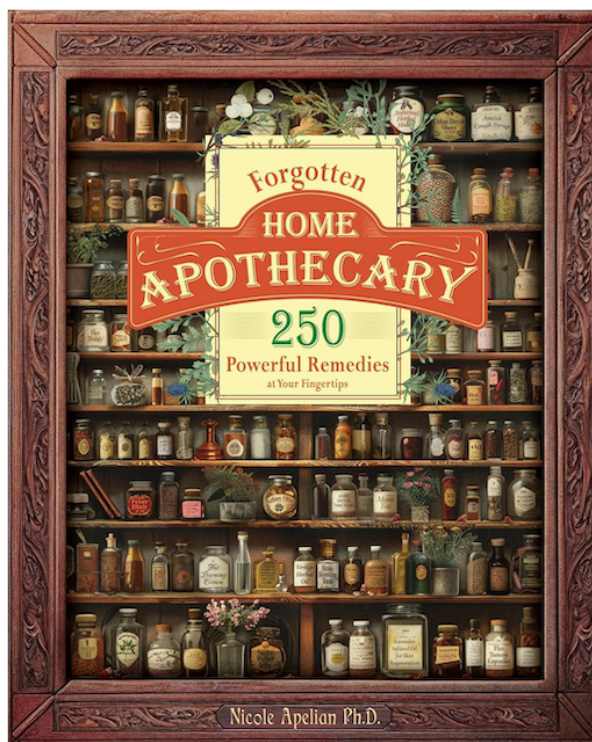
What You'll Discover Inside:

- 288 colour pages featuring all 250 powerful remedies for every part of your body.
- Easy-to-navigate appendix that visually shows all the natural remedies and the page where you'll find them, along with step-by-step instructions, colour photos, accurate measurements, and dosages.
- The Natural Brain-Booster: a potent recipe for focus, memory, and mental clarity (page 129).
- The same 3 Mushroom Tinctures Dr. Apelian used to get back on her feet and manage her MS symptoms (page 220).
- Grandma's Hot Salve: the powerful back remedy that was almost lost to history (page 175).
- The Herbal Sleep Aid to take before bed (page 147).
- Discover the Best Natural Probiotic you can make at home (page 82).
- Find out what happens if you pour honey over cinnamon and all the other herbal recipes that were once a part of every home.

Whether you're an experienced plant medicine user or just looking for a natural approach to managing your health and healing with herbal remedies, The Forgotten Home Apothecary is for you.

This is the only holistic medicine book out there where you'll find the time-tested natural remedies our grandparents relied on, back when apothecaries hadn't yet been replaced by pharmacies.

To order your copy on amazon.ca go to: [https://www.amazon.ca/Forgotten-Home-Apothecary-Powerful-Fingertips/dp/B0DJQVYV99/ref=lp\\_942402\\_1\\_7](https://www.amazon.ca/Forgotten-Home-Apothecary-Powerful-Fingertips/dp/B0DJQVYV99/ref=lp_942402_1_7)



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